

Huntingdon Bubble Rush



Sunday 9th June 2019

Need to Know



Thank you for registering to take part in EACH's **Huntingdon Bubble Rush 2019!** Huntingdon Racecourse will be showered in bubbles! The **purple** wave begins at 11am and the **orange** wave is at 12pm, both will take a 5km route around the venue. Along the route there will be four bubble stations manned by the Bubble Commandos who will be ready to cover you in colourful bubbles!

Getting there:

The Bubble Rush will start and finish at Huntingdon Racecourse. There will be parking available on site. Please follow the signs for the EACH Bubble Rush. A car boot sale will also be taking place on the same day so to avoid congestion please only park in the area designated for the Bubble Rush. Please give generously to our parking stewards to help us cover the costs of the event.

On the day:

What time does the event start?

The **Purple** Wave starts at 11am but please leave plenty of time to collect your t-shirt before the warm up begins – t-shirt collection will open at 10am, giving you plenty of time to soak up the atmosphere and enjoy a fun warm up.

The **Orange** wave starts at 12pm and t-shirts collection opens at 11am. Once registered we will hold another warm up and set you off in a shower of bubbles.

Where do you collect your T shirt?

Look for the EACH gazebo, this is where you can collect your t-shirts – **Don't forget your welcome letter, running number and safety pins!**

Bubble Stations

This is the fun bit! Spread out across the course are four Bubble Stations where you will be covered in different coloured bubbles! Look out for the green is mean arch, say hello yellow, don't be blue and pretty in pink station. All bubbles are 100% natural, safe and coloured using food dyes. The bubbles may be taller than small children so we recommend you wear sunglasses (coloured sunglasses are available at the merchandise stand) or goggles for your eyes. The foam is completely safe but may slightly sting eyes. Please do not bring your dog through the bubbles. It is important you do not stop at the bubble stations as this will create a bottle neck and cause a safety hazard to the runners behind you.

The Merchandise Stand

At the Bubble Rush Merchandise Stand you will be able to purchase the following accessories to add even more colour to your running outfit:

Coloured sunglasses - £2

Headbands – £2

Sun visors – £1.50

Whistles - £1

Wristbands - £1

Not only will you look great, you will also be contributing extra funds to EACH!



Colin Pezmer Photography 2017



Safety Notice

Due to the nature of the route, we ask you to stay alert along the route and aware of any hazards you may come across. There are areas of the route that are uneven and slope down – we have marked any areas we have identified as a risk but due to the nature of the course slip and trip hazards may be caused at any time and we therefore ask you to take responsibility for yourself and any young people and children you have taking part with you.