



What is East Anglia's Children's Hospices?

East Anglia's Children's Hospices (EACH) supports families and cares for children and young people with life-threatening conditions across Cambridgeshire, Essex, Norfolk and Suffolk. Our family centred approach meets the individual needs of the child, young person and whole family.



Often a life-threatened child will need constant care throughout the day and night. Life becomes completely governed by the relentless timetable of nursing and medical needs.

This 24/7 care can put a huge strain on family life – relationships can suffer, careers may have to be abandoned, healthy brothers and sisters can feel left out and regular family activities and holidays become rare. On top of all this, families often feel alone and afraid in their grief.

Our care and support helps relieve the emotional and practical pressures every family member is facing. When time is short, we help families make the most of their precious time together and create memories that last forever.

“I didn't realise hope was a gift until I became a mum. My little boy taught me many things and that was one of them.” Claire, Jacob's mum, tells more of his story [here](#).



We provide our specialist care and wellbeing support completely free of charge. We rely on voluntary donations for the majority of our income and each year need to raise more than £5 million from fundraising and £2.5 million from our shops. We also need to raise an additional £10 million for the **nook appeal** to develop our hospice services in Norfolk, including a new hospice.

It is only with the commitment and generosity of individuals, community groups and companies that we are able to continue our work and provide vital care for so many families who desperately need our services.

The more funds we have, the bigger difference we can make to local children and families.

To find out more at www.each.org.uk or contact your local office:

Cambridgeshire and West Essex call: 01223 204916 or email: cambs@each.org.uk

Norfolk call: 01953 666767 or email: norfolk@each.org.uk

Suffolk and East Essex call: 01473 276196 or email: treehouse@each.org.uk