



Care in Cambridgeshire and West Essex

EACH supports 118 children and young people with life-threatening conditions and 132 family members in Cambridgeshire and West Essex. We provide care and support wherever the family wishes – in families' own homes, in hospital or at our hospice in Milton.

Based in a restored rectory building, our Milton hospice was officially opened in 1989 by Princess Diana.

Our hospices aren't just about end of life care – Milton is a home-from-home for many families. It is a bright and happy place where young people can live life to their full potential.



Milton has a specialised care team delivering care for every member of the family. The hospice building acts as a hub, with more than half of our care and support being delivered in the family home and community, in surroundings familiar and comfortable for the family.

The range of services includes:

- Expert nursing care including physio, hydro and occupational health therapies
- Day care or overnight breaks for the child or whole family
- 24 hour telephone and in-person support from our Symptom Management team
- Wellbeing therapies including music, art, spiritual and play activities
- End of life care, including palliative nursing, memory making and care of the body
- Counselling services and memory days for bereaved family members

Helen Carlson lives in St Ives with her husband Steve, and their son William. William was diagnosed with several brain development problems during their 20 week pregnancy scan and were referred to EACH when William was six months old.



Helen said, *“It’s just what we needed as we felt very scared about the future. William has overnight care at the hospice and it’s a great opportunity for us to do some normal things without having to worry about William. He loves going in the hydro pool, sensory room and having music therapy.*

“Having a child with complex health problems can leave you feeling like an outsider but when we’re at hospice events and we see all the other families in similar situations it helps us to know we’re not alone.” – Read more of William’s story on our website [here](#)

To learn more about our care, contact our Cambridgeshire and West Essex office call: 01223 204916 or email: cambs@each.org.uk