



East Anglia's
Children's Hospice

Family Corner

The newsletter for those receiving care and support from EACH Milton

February 2017



Welcome to February's Family Corner...

Welcome to the February 2017 edition of Family Corner. Read on for EACH news, updates, and events coming soon.

As always, we welcome your views, so if you have any suggestions for future editions, please don't hesitate to get in touch, or fill in our [feedback form](#) on the website. We'd also love to hear from you if you'd like to contribute to Family Corner, so if you are a budding writer and would like to share your experience with other families, please get in touch!

If you no longer wish to receive Family Corner, just let me know, or click on the 'unsubscribe' link at the bottom of the email.

Rachel Wright, Family Comms Co-ordinator. rachel.wright@each.org.uk, 01842 765121.

Text messaging is go!



The EACH Comms team sent our first text message to families on 28th November last year, and since then it's been all go! We've been able to let families know about some fantastic ticket offers and opportunities for free weekend breaks. If you would like to receive alerts about ticket offers and various other information by text, please fill in the form on our website: www.each.org.uk/texting

(Please note you can opt in or out of receiving text messages from EACH at any time – opt-out information is included in every text, or you can simply contact the admin team at your local hospice.)

[Read more](#) 

We'd love to see you at our next Family Forum on Tuesday 7th February



Our next Family Forum is at Milton on **Tuesday 7th February 2017, 10.30am – 12.30pm** - and we'd love to see you there! Our Family Forums are a great opportunity to help us improve services to you and other families. Meetings are relaxed and informal (tea, coffee and biscuits provided!), and we really do listen and make changes from the feedback we get.

- All family members are welcome, including bereaved families
- There is no commitment to attend (you can just come to one, or come to one miss one etc)
- We'll happily look at providing childcare for you.

Please email EACHMiltonAdmin@each.org.uk or call us on 01223 815100 to let us know you're coming. If you have something you would like to raise but are unable to attend, or would like to add something to the agenda in advance, fill in the form on our website...

[Read more](#) 

EACH model of care evaluation: Looking to the future



Over the past few years we have been developing a more person centred approach to the way we care for and support families – developing our services to meet all levels of need, for all family members.

We now need to do a stock take of where we are now, to inform future care development and delivery. We are asking for feedback from families in various different ways – visit www.each.org.uk/LookingToTheFuture for more information about the project, and how you can have your say.

[Read more](#) 

HRH The Duchess of Cambridge visits Quidenham



On Tuesday 24th January we were delighted to welcome our Royal Patron HRH The Duchess of Cambridge to our Quidenham hospice. The Duchess met with families, staff and volunteers, and took a tour of the hospice, seeing for herself why the nook appeal, which she helped launch in 2014, is so vital.

[Read more](#) 

'Colour Tangle' has begun!



Our new Colour Tangle groups are small creative art groups based on the popularity of colouring books/zentangle designs. They offer a creative way of managing stress by exploring and playing with your own creative nature. The groups are open to all adults using EACH services. To encourage local friendships we are setting up in various venues – see our website for locations in Cambridgeshire. The groups will meet once a month from now until June. You



can bring your own books and pencils/felt pens but pages and materials will also be available for use on the day.

For venues and times booking is essential: contact EACHMiltonAdmin@each.org.uk

Places can be booked up until the day before the group.

[Read more](#)

Family Days at Milton



Last year we held a number of Family Days at Milton. At our 'Explorers' themed event wheelchairs were transformed into rockets and trains to follow a treasure hunt around Milton, and there was plenty of creative fun making model planes, binoculars, and other bits of kit essential for intrepid explorers! Our Christmas Family Day saw lots of fun with a cake decorating competition, complete with Chef Julie as our very own Mary Berry!

We are planning several more days this year, with themes including 'Growing' and 'Seaside/Beach', as well as a Christmas-themed event to round off the year...

[Read more](#)



Focus on... EACH in Australia!

Find out more about how EACH are supporting Hummingbird House, a new children's hospice in Queensland, Australia...

[Read more](#)

A request to share your artwork with EACH supporters

Calling all budding artists!

We had some great feedback to our request for artwork in the last edition of Family Corner, but we'd love to have as much lovely artwork as possible! To remind you...



We're on the look-out for lots of artwork produced by children and young people for showcasing in our marketing materials, online and as framed limited edition prints for presenting to long-term volunteers and supporters. The artwork can be anything you already have or we can talk to you about creating a new piece.

All original work is returned once prints have been made and we provide families with their own special copies of how the artwork has been reproduced.

All artwork remains anonymous and labelled as 'Artwork produced by a young person at East Anglia's Children's Hospices.'

If you would like to submit or produce something (one piece or many!), we'd really love to hear from you!

Please contact:

Get involved with our service user engagement group



EACH is committed to welcoming and including service users' voices in all aspects of our work, and we are looking for some help to develop how we do this. We are setting up a small group to meet and discuss how we can best work together to engage with service users. The initial meeting will last approximately two hours, when arrangements for further meetings and your involvement will be considered. If you are interested in helping with this work we would like to hear from you - please contact Carolyn Roberts, Head of Education and Quality by emailing carolyn.roberts@each.org.uk or call 01473 271334.



Events

[View all Events](#)

Please let us know if you're planning to attend any of our events – this will help us organise catering and to advise families if arrangements change, or if an event needs to be cancelled. See below for a selection of events coming up soon, and click 'View all Events' above to see our full up-to-date calendar on our website.



Parent and Toddler Play and Music Group

9th Feb, 10am - 12noon

Address: Milton, CB24 6AB
For any family or carer accessing EACH services at Milton with pre-school children.
Contact: Helen Thrower 01223 815108
helen.thrower@each.org.uk

[Read more](#)

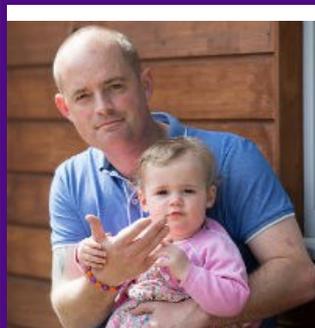


Milton Mums

23rd Feb, 10.30am - 12.30pm

Address: Milton, CB24 6AB
The group is an opportunity to meet other care-giving mums and female carers.
Contact: Jill or Annabelle 01223 815106
eachmiltonactivities@each.org.uk

[Read more](#)



Male Carers' Group

7th Mar, 7.30pm - 9.30pm

Address: Milton, CB24 6AB
The group is an opportunity to meet other fathers and male carers. Join us for a Thai meal at the hospice.
Contact: Oli King 01223 815106
eachmiltonactivities@each.org.uk

[Read more](#)

Read more

We realise some people may feel put off coming to an event because they don't know anyone who'll be there. Please let us know if you'd like us to put you in touch with another family going to the same event. We know many families have found the links and friendships they've made through coming to events very helpful, and there are a number of families who'd like to help in this way.

Contact Milton: Tel: 01223 815100. Email EACHMiltonAdmin@each.org.uk



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