

EACH Library Care Bulletin

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The latest resources from a range of organisations, journals and web sites.

If you have any ideas or feedback on what would be useful for future bulletins, please get in touch:

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1. Podcasts from The Other Mothers

The Other Mothers Podcast, produced by Teddy's Wish, is hosted by friends Elle, Caro and Jen who speak candidly about their experiences of baby loss and invite guests to share their stories too.



What kind of parents would we have been?

In this podcast they reflect on the imagined future if their babies had lived, and the version of themselves that never got to unfold. (37 minutes)

[The Other Mothers: What Kind of Parents Would We Have Been?](#)

The evolution of grief

For their final episode of series 6, Elle, Caro and Jen reflect on how their lives have changed since the death of their baby boys - Freddie, Eddie and Teddy. They talk about what it means to move forward, find joy again, whilst carrying their babies with them as they embrace life once more. (34 minutes)

[The Other Mothers: The Evolution of Grief](#)

2. Article – Increasing complexity in children with life-limiting conditions in England: an analysis of national routine data

The study found that children and young people in England with life-limiting conditions are living longer but often have more complex healthcare needs. Between 2003 and 2022, there were increases in the number of health conditions, specialist teams involved in care, use of medical technologies, and emergency hospital visits. Increasing age, increasing deprivation and Bangladeshi and Pakistani ethnicity were associated with greater complexity. Healthcare services need more resources and planning to provide appropriate support for this population.

Page, B., Jarvis, S.W. and Fraser, L.K. (2026) 'Increasing complexity in children with life-limiting conditions in England: an analysis of national routine data', *Archives of Disease in Childhood*. Published online 13 July 2026.

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3. Rashes in children and young people: assessment and management

The aim of this article is to support children's nurses to confidently assess children presenting with a rash, and determine the most appropriate course of action. It also provides a refresher on terminology to use when describing rashes.

Platt R, O'Grady M (2026) Rashes in children: role of children's nurses in assessment and management. *Nursing Children and Young People*. doi: 10.7748/ncyp.2026.e1590



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4. Article: Effective communication in palliative and end of life care.

The article discusses some evidence-based models and frameworks that can guide best practice and support nurses to communicate effectively in palliative and end of life care. It also considers the importance of self-care for nurses who are supporting patients and families. Models discussed include the 3W's – *I wish, I worry I wonder*, the SAGE and THYME model and the SPIKE model. A good refresher for those who want to feel more confident initiating these types of conversation or teaching on the topic.

Redwood A, Appleton L (2026) Effective communication in palliative and end of life care. *Nursing Standard*. doi: 10.7748/ns.2026.e12684

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5. Palliative care in the neonatal intensive care unit: qualitative study of parents' experiences

Six parents – 4 mothers and 2 fathers took part in this Australian based research, following the death of their babies in the neonatal intensive care unit (NICU). Their findings confirmed the central importance to parents of maintaining hope, active involvement in decision-making, opportunities for connection with their infant and sharing their infant with family. Deep infant connection was more important to parents than physical items of memory making.

'Our findings demonstrated that parents were resolutely hopeful. Hope helped to facilitate parents' realisation of infant fragility. Similarly, in the literature hope helped to guide parents along a pathway of uncertainty'

Wells, C.M., Cossich, M., May, R. and Phelan, C., 2026. Palliative care in the neonatal intensive care unit: qualitative study of parent experiences. *BMJ Supportive & Palliative Care*.

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6. Article: Skin and soft tissue abscess management

This article discusses the cause, assessment and management of patients presenting with purulent skin and soft tissue abscesses and identifies opportunities for nurses to refine their assessment practices, optimise interventions and enhance patient outcomes.

Stout LC (2026) Skin and soft tissue abscesses: assessment and management. *Nursing Standard*. doi: 10.7748/ns.2026.e12714

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7. Article: Pulse oximetry: exploring it's role, limitations and challenges in clinical practice

Written from an adult nursing perspective, the article describes how pulse oximetry works, and discusses its limitations as a single metric. It explores its applicability to the airway, breathing, circulation, disability and exposure (ABCDE) assessment approach and to the National Early Warning Score (NEWS) 2 'track and trigger' tool. It also considers some of the challenges associated with its use, specifically in relation to skin integrity, peripheral circulation and the effects of nail polish on the accuracy of readings.

Hatchett R (2026) Pulse oximetry: exploring its role, limitations and challenges in clinical practice. Nursing Standard. doi: 10.7748/ns.2026.e12712

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Upcoming Webinars from Action Duchenne

Navigating Diagnosis and Grieving the Life Imagined: Part 1: Grieving the Life You Imagined and Finding Meaning in a New Reality

Date: Wednesday 19th August

Time: 6:00-7:00pm

Part 1 of this two-part series invites families to acknowledge and name the losses that come with a Duchenne diagnosis — not just practical ones, but the imagined future that must now be reimagined. We'll explore how to talk with your child and their siblings, and offer strategies to build emotional resilience, cultivate meaning, and navigate the difficult transitions that lie ahead.

[Action Duchenne Webinar Series 2026](#)

Navigating Diagnosis and Grieving the Life Imagined: Part 2: Coping with a Duchenne Diagnosis and Understanding the Emotional Landscape

Date: Wednesday 26th August

Time: 6:00-7:00pm

Part 2 of this two-part series focuses on the emotional experience of receiving a Duchenne diagnosis. We'll explore early emotional responses, the concept of ambiguous loss, and the ongoing nature of grief that many families experience. The session offers practical coping strategies, communication approaches, and guidance on building a support network — at a pace that works for you.

[Action Duchenne Webinar Series 2026](#)