

EACH Library Care Bulletin

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The latest resources from a range of organisations, journals and web sites. If you have any ideas or feedback on what would be useful for future bulletins, please get in touch: Sue – sue.langley@each.org.uk



1. Podcast: The Skies We're Under – Big Feelings – Bigger Systems – the realities of the SEND reforms

The *Skies We're Under* podcast is created by and for parents of children with disabilities and the many practitioners who support them. This latest podcasts discusses the '*continuing healthcare assessment clangers, post-college provision crises and why SEND reform feels equal parts hopeful and terrifying*'. **38 minutes**

Listen Here: [The Skies We're Under Podcast - Born at the Right Time](#)

2. Article: Five common wound care myths– a critical examination

The article examines five common wound care myths – regarding moisture balance, wound sterility, wound swabbing, slough and dressing products – and provides guidance for nurses to support them to provide evidence-based wound care aligned with contemporary scientific understanding and principles of best practice.

Wynn, M., CPD focus: a critical examination of five common wound care myths. *Nursing standard*, March 2026 41 (3) p45-49

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3. Article: Resuscitation Guidelines update: - 5 changes you need to know for babies and children



Following the updated guidance in 2025, this article summarises the 5 key changes all staff should know – covering emergency calls; correct defibrillator pad placement; use of thumbs of infant chest compressions; assessing colour in a newborn baby and change in drugs

used in paediatric and neonate cardiac arrest.

Read, C. (2026) 'Resuscitation guidelines update: five changes you need to know: Find out how the Resuscitation Council UK's updated guidelines will affect your practice and where to access more information', *Nursing Children & Young People*, 38(2), pp. 6-7. doi:10.7748/ncyp.38.2.6.s2.

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4. Article: Can you give medication without patient consent?

This easy to read article provides a good overview of the key aspects involved in Mental Capacity and discusses when administering medication covertly to a patient might be justified as being in their best interest. Written for those working with adults with learning disabilities, it includes a Medicines Care Plan and checklist to work through.

'If we're making a decision about someone's capacity, we need to give them information in ways they can understand'

Pearce, L. (2026) 'Can you give medications without patient consent?: We look at when administering medicines covertly to a patient might be justified as in their best interests', *Learning Disability Practice*, 29(1), pp. 13–15. doi:10.7748/ldp.29.1.13.s8.

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7. NSPCC Blog: Why language matters: why we talk about 'safe' rather than 'trusted' adults to children

From the NSPCC, Why Language Matters series, the blog explores why children might struggle to understand and identify who the "trusted adults" in their life are; and why the term "safe adult" provides a clearer alternative.

The logo for NSPCC Learning, featuring the text 'NSPCC' in a large, bold, green font above the word 'Learning' in a smaller, green font, all enclosed within a thin black rectangular border.

[Read more here](#)

5. Article: Transdermal clonidine patch use in the management of childhood hypertonia: a cross-sectional UK-wide service evaluation

Clonidine is a centrally acting adrenergic agent which has become commonly used in the management of motor disorders in children and young people. The article presents data from the first UK based multicentre evaluation of the use of transdermal clonidine patches, and highlights the complexity of medical problems of these children and their clinical management. It reports on the increasing use of the drug despite limited evidence and notes further studies are needed.

Lumsden, D.E., Spaul, R., Abernethy, S., El Gamal, M., Forrest, K., Lemaire, L.A., Lin, J.P., Marques, S., Orr, V., Carr, L. and De Alwis, Y., 2026. Transdermal clonidine patch use in the management of childhood hypertonia: a cross-sectional UK-wide service evaluation. *Archives of Disease in Childhood*, 111(3), pp.253-259.

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6. Article: Stress and resilience of children's nurses: a review of the evidence

Stress in nursing is most commonly linked to workload, workplace setting and team dynamics. For children's nurses there are the additional stressors, including caring for children who are critically ill or dying, dealing with anxious parents and complex interactions with families. This article reviews the limited literature on stress and resilience in children's nursing, highlighting gaps in the evidence, the influence of individual and environmental factors on resilience and the need for workplace strategies that promote nurses' psychological well-being.

Clark, C., 2025. Stress and resilience in children's nursing: a review of the evidence. *Nursing Children and Young People*, 37(4).

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8. Three Guides from the Charity Contact:

Benefit changes for families

contact For families
with disabled children

Over the next two years a number of changes are being introduced to the benefits system that impact on families with disabled children, with some happening in the next few weeks. The guide from Contact provides more details.

[*Benefit-changes.pdf*](#)

Claiming Disability Living Allowance (DLA) for children

Disability Living Allowance (DLA) is the main benefit for disabled children and is there to help meet any extra costs of being disabled. Any ill or disabled child may be able to qualify, even those who don't have a diagnosis. A thorough guide providing practical and useful information on all aspects of eligibility and claiming for this.

[*DLA-guide-1.pdf*](#)

Summary – Brief overview of the Schools White Paper

An overview from the Charity Contact on what they welcome, what they're concerned about, and the gaps in the Schools White Paper.

[**Brief overview of the Schools White Paper in England**](#)
