

# EACH Library Care Bulletin

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## April 2026

The latest resources from a range of organisations, journals and web sites.

If you have any ideas or feedback on what would be useful for future bulletins, please get in touch:

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### 1. The Skies We're Under - Two Podcasts revisited: *That's not my name, and Sorry, the life you ordered is current out of stock*

This month, The Skies We're Under have revisited their first two episodes from February 2022, introducing themselves and their families. Topics include childhood cancer, chromosome duplication and severe disabilities. The 2<sup>nd</sup> episode covers some of the helpful and unhelpful ways they deal with stress, talking honestly about the truth of their complex realities and how they try to live well.

#### **Listen Here:**

[That's Not My Name Recast | S5...-The Skies We're Under – Apple Podcasts](#)

[Sorry the life you ordered is ...-The Skies We're Under – Apple Podcasts](#)

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### 2. Article: *Perinatal Palliative Care – How to approach antenatal counselling*

A very good article written for those working with families who have received diagnosis that their baby has been diagnosed with a life-limiting. It discusses how healthcare professionals can best support families, provides information to answer some of the most common questions asked, and includes insights from parents on what matters most.

*'I noticed that some professionals would rather focus on the certainty of death and this drives the conversation towards a good death – rather than helping the family to work out what a good life would look like, even if this is likely to be very short.'*

A parent was involved in the writing of the article, which changed considerably as a result of this, offering important additions to the content and altering specific language and phrasing used

Bertaud, S., Bailey, P.A., Balmforth, S., Brightley, G., English, S., Pearson, A. and Williams, K., 2026. Perinatal palliative care—how to approach antenatal counselling. *Archives of Disease in Childhood-Education and Practice*.

Request a copy from the [library](#) or [log in with OpenAthens](#)

## 2. Children and Young Person's Advance Care Planning (CYPACP) Collaborative – New Advice and Guidance



Four very practical and useful resources from the CYPACP Collaborative to support [Advance Care Planning](#) discussions:

### **Mental Capacity and DoLS resource - guideline**

The CYPACP collaborative have created this guidance as a way of bringing together resources on the Mental Capacity Act and Deprivation of Liberty Safeguards, with a focus on children and young people. The first section has links to resources, with a short summary of what can be found at each link. The second section has some worked examples, which should help understanding of the MCA in practice.

[Mental Capacity Act & DoLS](#)

### **Organ Donations – supporting guidance for professionals**

Everyone has a choice as to whether they want to or not become an organ and/or tissue donor after they die. The guide aims to provide clear information for addressing this sensitively and early in the planning process.

[Organ and Tissue Donation](#)

### **Sudden Unexpected Death in Childhood (SUDIC) and the Medical Examiner Process in Advance Care Planning - Guideline**

Even when a child/young person has been diagnosed with a life limiting condition, the SUDIC process must still be considered if the collapse/ incident leading to their death, was not anticipated as a significant possibility 24 hours before this. The guidance provides information on what to include in Advance Care Planning discussions and suggested wording to use depending on a child's condition at home.

[SUDIC & Medical Examiner](#)

### **Spirituality in Advance Care Planning – Help Sheet**

Professionals often find spirituality hard to discuss. This help sheet provides a good overview of spirituality, introduces the *HOPE* assessment tool to provide structure to a conversation and spark discussion, and a summary of 6 religions and the key components to them.

[Spirituality in Advance Care Planning](#)

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## 4. Article: Minimising polypharmacy to enhance care and outcomes for people with learning disabilities

This article explores the challenges in relation to medicines experienced by many people with learning disabilities, family members, carers and healthcare professionals. It also discusses the vital role of the multidisciplinary team in reducing overprescription, optimising medicines use and promoting shared decision-making to enhance health outcomes.

Request a copy from the [library](#) or [log in with OpenAthens](#) (EACH Staff only)

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## 5. Article: Role of learning disability nurse prescribers in ensuring safe, person-centred care in children's community services

This article explores the evolving role of nurse prescribing within these multidisciplinary teams, exploring current prescribing practices and emphasising the main professional, legal and ethical considerations of safe, person-centred prescribing. The author draws on national frameworks to consider the nurse prescriber's role in advocating for children's rights, managing risk and navigating systemic constraints.

Request a copy from the [library](#) or [log in with OpenAthens](#) (EACH Staff only)

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## 6. Webinars: From Action Duchenne

A range of webinars from Action Duchenne, available to anyone, free of charge.

[Action Duchenne Webinar Series 2026](#)

**29<sup>th</sup> April 6 – 7pm**

[Webinar Series 2026: Movement That Works: Building resilience through Sports](#)

**13<sup>th</sup> May 6- 7pm**

[Webinar Series 2026: Duchenne and the Brain](#)

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