

EACH Library Care Bulletin

From the EACH Library & Information Service

www.each.org.uk/library



Microsoft Stock Images

November 2025

The latest resources from a range of organisations, journals and web sites. If you have any ideas or feedback on what would be useful for future bulletins, please get in touch: Sue – sue.langley@each.org.uk



1. Podcast: Dad's Still Standing – Looking back, looking forwards



In this episode, Matt and Liam take a step back and reflect on their own journeys of grief. They talk openly about how things felt in the beginning – the intensity, the shock, and the misconceptions they had about what grief would look like, and share how their experiences have evolved over the years (40 mins).

[Listen here](#)

2. Article: Memory making interventions for children with life-threatening or life-limiting conditions and their families

Children with serious illnesses and their families benefit emotionally from memory-making activities. These include storytelling, art, and keepsakes that help preserve memories and support grieving. A review of 11 studies confirmed these activities support psychosocial well-being and make a number of recommendations to ensure practice is culturally sensitive and more tailored to family's needs.

Safarifarid, R., Kiernan, G., Corcoran, Y., et al. 2025. Memory-making interventions for children with life-threatening or life-limiting conditions and their families: A systematic review of evidence and implications for practice. *Palliative Medicine*, 39(8), pp.871–883.

[Download a copy](#)

3. Web site: My Adult still My Child: Young people transitioning to adult services

The web site was developed following feedback from parents of young people who attended Rainbows Hospice for Children and Young People and faced real challenges around continued decision-making for their children once they reached adulthood. Content includes legal guidance, including explanations about parental responsibilities, the Mental Capacity Act 2005, and the role of deputies or best interest decision-makers, as well as shared stories from families. A really useful resource for staff and families.

My Adult still My Child

[Home - My Adult still My Child](#)

4. Financial support/resources for families – Together for Short Lives

[Help with your transport needs - Together for Short Lives](#)

[Help with your Energy Bills - Together for Short Lives](#)

[Support with shopping and household essentials - Together for Short Lives](#)

[Benefits - Together for Short Lives](#)

5. Article: Too vulnerable? Successful practices for conducting research with children and young people who have life-limiting or life-threatening illness



A very useful guide for those looking to carry out research with children with a life limiting illness and their families. The study synthesised the findings from 5 international studies to identify best practices in involving, recruiting, and collecting data from children. From these, 10 key recommendations have been made: including involving children in advisory roles, tailoring distress protocols, using age-appropriate materials and activities, carefully considering parents' presence, and supporting researcher wellbeing.

Namisango, E., Friedel, M., Yurduşen, S., et al. (2025). *Too vulnerable? Successful practices for conducting research with children and young people who have life-limiting or life-threatening illness. Palliative Medicine, 1–9.* [Download here](#)

6. Article: Baby loss – understanding the impact on fathers

From the BACP *Therapy Today* magazine, a piece on grief from a fathers perspective, written by a counsellor who experienced his loss as a gay father. It looks at the different presentation of grief and notes:

'Bereaved fathers' grief is often invalidated through masculine norms such as the expectation to be strong, the imperative to prioritise the mother's emotional needs etc'.

Dunn, P. May 2025. *Baby Loss: understanding the impact on fathers. Therapy Today, p 54-56*

Request a copy from the [library](#)

7. Article: Understanding measles infections

This article provides a brief history of the epidemiology of measles and the MMR vaccine. It also discusses the signs and symptoms of the infection and its management.

Gozdzielewska, L. and Kilpatrick, C., 2025. Best practices for effective hand hygiene using alcohol-based hand rubs. *Nursing Times, 121(9).*

Request a copy from the [library](#)

8. Article: Stoma care: a step by step guide to the essentials.

Written to support student nurses, a really practical article on the essential elements of stoma care, covering colostomies, ileostomies and urostomies. Very useful for new healthcare assistants in post.

Russell-Roberts, P. (2023). *Stoma care: a step-by-step guide to the essentials.* Nursing Standard. **Request a copy from the [library](#)**

9. Report: The Parent Connection: the power of peer support for parents of children with complex needs

A 12-week pilot by Enable Ireland in 2024 paired ten experienced parents with ten newer parents of children with complex needs across three sites. Supervised by staff from Enable Ireland, the project offered emotional, social, and practical peer support. Findings showed improved parental self-efficacy, perceptions of support, resilience, and well-being. Researchers recommended scaling the programme nationally and embedding parents in its design.



[The Parent Connection](#)

More details

[New Report Highlights the Power of Peer Support for Parents of Children with Complex Needs | Enable Ireland](#)

10. Article: How to gather and collect feedback for revalidation

When undertaking the 3 yearly Nursing & Midwifery Council (NMC) revalidation process, nurses are required to collect 5 pieces of practice related feedback. This short easy to ready article provides more information on what this can consist of, including examples.

Evans, N. 2025. How to gather and collect feedback for revalidation. *Nursing Children and Young People*, 37 (6), p12-13

Request a copy from the [library](#)
