

EACH Library Care Bulletin

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The latest resources from a range of organisations, journals and web sites.

If you have any ideas or feedback on what would be useful for future bulletins, please get in touch:

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1. Podcasts: The Other Mothers

The Other Mothers podcasts are hosted by friends Ellie, Caro and Jen who have all experienced the death of a baby. They invite guests to share their stories with them. Recent Podcasts include: the impact of grief on other children, black baby loss and healthcare inequalities, secondary infertility after baby loss and trauma.

[The Other Mothers | Podcasts](#)



2. Article: Risks when administering insulin – and how to ensure your practice is safe.

From the Nursing Standard, an article on the safe administration of insulin. Areas include insulin syringes and high strength insulin pen devices, damaged pen cartridges, an over dependence on specialist nurses and training requirements.

Amara, P. (2025) 'Risks when administering insulin – and tips on ways to avoid errors. *Nursing Standard*, 40(8), pp. 11–13. doi:10.7748/ns.40.8.11.s7.

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3. Article: Overgranulation of stoma sites in children with an enteral feeding tube: an evidence-based treatment pathway

Increasing numbers of babies, children and young people are being fed via surgically placed enteral feeding tubes. A common complication of this is overgranulation of the stoma site, which can cause pain, bleeding and leakage of gastric contents. This article reports the findings of a rapid review to identify the most effective treatment options for this and provide a treatment pathway to enable nurses to apply their clinical judgement in treatment choices, in partnership with children and families.

Tatterton, M. et al. (2025) 'Overgranulation of stoma sites in children with an enteral feeding tube: an evidence-based treatment pathway', *Nursing children and young people* [Preprint]. doi:10.7748/ncyp.2025.e1557.

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4. Blog & Article: Health and caregiving experiences of fathers of children with a life limiting illness

European Association of Palliative Care – EAPC



The EAPC blog discusses a recent study that looked at the health and experience of fathers, noting the voices of fathers remain largely unheard in research. A number of recommendations to practice are made in both pieces.

'I feel like I need time to heal, it's like a healing process. But the situation we're in and the demands that we have with our child makes that impossible'.

'We know there's trauma coming at us and there's nothing much we can do about it, we just know it's coming. And I think this is one of the things we think there should be is pre-bereavement classes'.

[Read more at the EAPC web site](#)

[Full study and more details from the findings](#)

Fisher, V., Atkin, K. and Fraser, L.K. (2025) 'A mixed methods exploration of the health and caregiving experiences of fathers of children with a life-limiting condition', *Palliative Medicine*, 39(6), pp. 678–688. doi:10.1177/02692163251327877.

5. Article: Definition, investigation and management of gastrointestinal dystonia in children and young people with neurodisability

A thorough review of all aspects of the condition with new recommendations made. Ten areas addressed including feeding strategies, therapeutic approaches, medication, safeguarding and palliative care.

Barclay, A.R. et al. (2025) 'Definition, investigation and management of gastrointestinal dystonia in children and young people with neurodisability', *Archives of disease in childhood*, 110(9), pp. 742–750. doi:10.1136/archdischild-2024-327551.

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6. Article: Medical acupuncture in healthcare: nurses perspectives and implementation

The authors – four nurses experienced in chemotherapy and palliative care – share their insights from implementing acupuncture in various settings, including adult hospices and community services. Despite challenges, such as time constraints and administrative demands, they emphasise the value of acupuncture in providing holistic, low-cost symptom management. The article encourages further training and partnerships to expand acupuncture services, promoting their potential in enhancing patient care.



Darling, J. et al. (2025) 'Medical acupuncture in healthcare: nurse perspectives and implementation', *Nursing Times*, 121(8), pp. 29–31. (Accessed: 2 September 2025).

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7. Council for Disabled Children (CDC) Briefing: Meeting the medical needs of children and young people in education

The briefing addresses growing concerns in local areas about ensuring children and young people in educational settings receive appropriate healthcare, especially for those with complex medical needs. Published June 2025. It outlines the legal requirements from ICB's and provides a case study of what good practice looks like - provided by the Sussex NHS Community Trust and Community Children's Nursing Services

Read more here -

[Meeting the medical needs of children and young people in education.pdf](#)

8. Report: The spiritual needs and care of children and young people with life-threatening or life-shortening conditions and parents (SPARK) study



This study was carried out over 3 years from August 2020, to March 2023 and involved focus groups and interviews with care givers, children and healthcare professionals to better understand their practices, needs and views. The aim was to gather evidence the NHS and children's hospices can use to guide how they meet these needs, including the role of chaplaincy services (sometimes called pastoral and spiritual care services). It also explored how chaplaincy services can support clinical and care teams involved in the care of these children and young people. It's an extensive piece of research with some interesting insights from those in Chaplaincy roles (section 4), Young people's stories and reflections (section 5), Parents stories and reflections (section 6) and Healthcare staff views and reflections (section 7). Published May 2025.

[Full Report](#)

Beresford B, Richardson N, Mukherjee S, Nye R, Aldridge J, Atkin K, *et al.* The spiritual needs and care of children and young people with life-threatening or life-shortening conditions, and parents (SPARK): a mixed-method investigation. *Health Soc Care Deliv Res* 2025;13(16). <https://doi.org/10.3310/ZMLF1648>

9. Article: Supporting fathers of autistic children through 'walk and talk' groups

The article provides details of a 'Walk and Talk' support group for father's that was set up, recognising that informal support may be more beneficial in creating situations for fathers to interact with their peers. An evaluation of the project revealed the benefits of providing a relaxed space that encouraged the natural flow of conversations. The long-term aims of the group are to empower fathers in supporting each other and identifying further supportive interventions.

'The activity of walking seemed to provide an element of control which is not afforded in a large group situation. The fathers could literally step outside of uncomfortable conversations and step back in or join another conversation.'

Cooper L (2025) Supporting fathers of autistic children through 'walk and talk' groups. *Learning Disability Practice*. doi: 10.7748/ldp.2025.e2272

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