

EACH Library Care Bulletin

From the EACH Library & Information Service

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May 2025

The latest resources from a range of organisations, journals and web sites. If you have any ideas or feedback on what would be useful for future bulletins, please get in touch:

Sue – sue.langley@each.org.uk



1. Podcast: Dad Still Standing – religion, grief and baby loss



Dad's Liam and Matt talk openly about their beliefs and non-beliefs and what impact these had or didn't have on them following the death of their children. It's an episode they've been wanting to do for some time.

Available [here](#) – 39 mins.

2. Podcast: The Skies We're Under – Beyond the diagnosis: professionals who made a difference

This week's podcast focuses on Rachel and Sarah, remembering being told of their child's diagnosis, the people who made a difference and the people that genuinely changed their world when it got flipped upside down.

They reflect on the people who have helped them hear the news they don't want to hear, as they continue to receive diagnoses, which never get easier to hear, no matter how 'used to it' they are.

Available [here](#) – 51 mins.



3. Parent leaflet: Care of your breasts following the loss of your baby

From the East of England Neonatal Network, a leaflet to help mothers' make the best decision about their breast milk and breast care, after a baby has died. Details of Baby Milk Banks and other organisations provided.

Download [here](#)

4. Article: Role of the children's nurse in identifying and responding to medical neglect

The article explains the statutory guidance on safeguarding and the importance of using appropriate tools and safeguarding supervision in supporting nurses to work with vulnerable

families. It explores how working collaboratively with families can help reduce the incidence of medical neglect

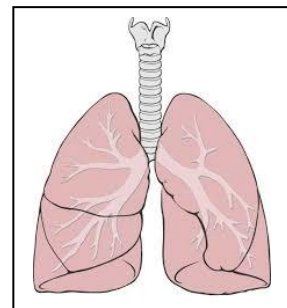
Cowen E (2025) Role of the children's nurse in identifying and responding to medical neglect. *Nursing Children and Young People*. doi: 10.7748/ncyp.2025.e1547

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5. Article: Respiratory rate check: why it's too important to overlook

A good overview, and easy to read article on the importance of being aware of respiratory rates.

'Nurses have advanced technical skills so there can be a tendency to auscultate the chest or start prescribing rather than take a standard respiratory rate'



It notes checking the respiratory rate should include the depth of breath, whether the chest rise is bilateral, observing for cyanosis, tracheal shift and rasping sounds. Written from an adult nursing perspective but some useful aspects to be aware of.

Amara, P. 2025. Respiratory rate check: why it's too important to overlook. *Nursing Standard*, 40 (4) p15-16

Request a copy from the [library](#)

6. Web site: Sibling Support – Programme for Parents



A new online resource for parents to support brothers and sisters after their sibling has died. Around 100 parents, siblings and bereavement practitioners came together to create the content. Topics include how to talk about emotions, how to explain death and funerals, dealing with difficult behaviours and how to look after yourself as a parent or carer.

"When we told Charlie that Ruairí died, we explained that his body had become too weak so his heart stopped working and that meant he had died, and he would not ever see him again alive. We told him Ruairí would always be his baby brother, and death wouldn't change that. It was the hardest thing I've ever told Charlie, but we felt being clear and honest was best. We used the word 'died' rather than 'passed away' or 'gone to sleep' to avoid confusing him."

[Sibling bereavement support for parents — Sibling Support](#)

7. Article: How can parents' experience of child death reviews be improved

An editorial piece discussing the role of parents' in child death review panels and how, if done well can be a positive experience for parents and healthcare professionals.

Sidebotham P. *Arch Dis Child* 2025;110:249–250. Accepted 5 February 2025 Published Online First 15 February 2025

Request a copy from the [library](#) or download using [OpenAthens log in](#)

8. Blog: Parent carer trauma and eye movement desensitisation and processing (EMDR)

From the Affinity Hub website, a parent carer and psychologist shares her experience of receiving EMDR and also delivering it. An interesting read to get a basic understanding of how it works.

[Read more here](#)

9. Guidance: Co-production in Research Toolkit and Guidance for Family Carers

Produced for researchers planning to undertake research with family carers and other people with lived experience of learning disabilities. The co-production team was made up of 7 researchers from Warwick University and 8 family carers. It describes what best practice looks like and details the 7 golden rules of co-production. A useful guide for any organisation looking to develop services ensuring families are fully involved in the process.



View full [Guidance here](#)

A [Guide for Family Carers](#) involved in co-production was also produced.

10. Article: Co-production in Research –

A short article, written by a parent carer involved in the co-production of the toolkit with feedback on how this felt.

“As parent carers, we often inhabit a world where we don’t have a lot of control, we don’t have a lot of say, we’re typically referred to as ‘Mum’ or ‘Dad’ ... and actually you can really feel a sense of loss of identity..... And so, to actually be involved in something where you’re being really listened to intently, it’s not tokenistic, and what you say can make a change, can just feel hugely, hugely empowering.

Debbie Austen, 2025, Co-production in research – a toolkit for research with family carers of people with a Learning Disability. PMLD Link Magazine, Spring Vol 37 No. 1 Issue 110.

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11. Article: Using emotional awareness to facilitate reflection in nursing practice

The article discusses the importance of emotional awareness when reflecting on clinical practice, noting there is otherwise a risk that it may become a superficial, task-oriented professional requirement, rather than a meaningful activity that supports professional and personal development. The article explains how nurses can use emotions as a trigger for authentic reflection.

Jackson JD (2025) Using emotional awareness to facilitate reflection in nursing practice. Nursing Standard. doi: 10.7748/ns.2025.e12415

Request a copy from the [library](#)

12. RCN Guidance: Working with Dogs in Health Care Setting

This updated guidance highlights the precautions that should be taken when dogs are brought into various health care settings to protect patients or residents, visitors and staff



[Working with Dogs in Health Care Settings | Publications | Royal College of Nursing](#)

13. Caring for Infants, Babies, Children and Young People Requiring Palliative Care: a career and education framework



The framework sets out competencies for knowledge and skills across 5 topic areas in children's palliative care, highlighting the professional development required by a nursing care workforce spanning 7 levels of role - from pre-registration practitioner to nurse consultant.

[Caring for Infants, Babies, Children and Young People Requiring Palliative Care| Publications| Royal College of Nursing](#)