# EACH Library Care Bulletin

## From the EACH Library & Information Service

www.each.org.uk/library

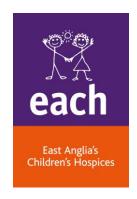


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# February 2025

The latest resources from a range of organisations, journals and web sites. If you have any ideas or feedback on what would be useful for future bulletins, please get in touch:

Sue – sue.langley@each.org.uk





#### 1. Two podcasts from Dad's Still Standing

Dad's Still Standing is hosted by Matt and Liam, both who have experienced baby loss, and the series is now back in it's 4<sup>th</sup> season.

From an episode back in December entitled Everything's just a bit s\*\*t, they talk about what helps getting through the harder times.

Available <u>here</u> – 43 mins.

More recently they were joined by comedian Geoff Norcott, and the three dads discuss how men are affected by grief and the support needs they have. Available here – 40 mins.

# 2. Article: Suspected sepsis in children and young people: assessment, recognition and when to escalate

The article provides information, tools and resources for children's nurses to use when assessing children and young people with suspected sepsis and escalating care where appropriate. It uses a case study to illustrate the challenges that may be encountered in diagnosing sepsis and providing effective care. Includes a Quiz as well to test knowledge.

Williams G, Beavan O (2025), Suspected sepsis in children and young people: assessment, recognition and when to escalate. Nursing Children and Young People. doi: 10.7748/ncyp.2025.e1523

Request a copy from the library or access with Athens log in (EACH staff only)

### 3. Benji the Bear talks about drooling

A new resource on the management of drooling including a 2 minute aminated video.

Benji the bear talks about drooling – Medicines For Children



#### 4. New leaflets produced by Medicines for Children

Twenty new leaflets were produced by the Medicines for Children team in 2024 – an excellent resources for parents/carers as well as healthcare staff if new to a particular medicine. See full list here. These included:



<u>Buprenorphine patches for severe pain – Medicines For</u> Children

<u>Carbamazepine (rectal) to prevent seizures – Medicines For</u> <u>Children</u>

<u>Chloral hydrate to help sleep – Medicines For Children</u>

### 5. Together for Short Lives: Energy Support helpline

New for 2025 from Together for Short Lives, an advice helpline to provide information and support on energy bills.

Help with your Energy Bills - Together for Short Lives

#### 6. Understanding polypharmacy, overprescribing and deprescribing

Updated by the Specialist Pharmacy Service, it provides an overview of the causes, consequences and tools to manage polypharmacy, overprescribing and deprescribing in practice.

<u>Understanding polypharmacy, overprescribing and deprescribing – SPS - Specialist Pharmacy</u> <u>Service – The first stop for professional medicines advice</u>

# 7. Rebound Therapy – the use of trampolines for movement, therapeutic exercise and recreation

From the <u>Nurturing Affective Care (NAC) website</u> – an organisation specialising in supporting the emotional wellbeing of children with severe PMLD, an overview and examples of the benefits of rebound therapy.

Bouncing Toward Progress: Rebound Therapy Case Studies by Liberty Sheard - NAC Wellbeing