



## Pier 2 Pier Suffolk 2025





## Saturday 6<sup>th</sup> September 2025

## The 16 Mile Challenge

The route will be a part of the popular Suffolk Coastal Path and then head inland along fields and country lanes from Lowestoft to Southwold Pier

Start: 8am sharp Finish: 1pm approx.

Rest stops: All milage is approximate

Kessingland – 5.2 miles

St Lawrence's Church, South Cove – 10.8 miles

Please do not underestimate this challenge! 16 miles along multi-terrain (sand, shingle, paths, roads) is physically demanding therefore training will need to be completed. The sense of achievement will be amazing once you have crossed the finish line in Southwold!





## What's Included:

- Technical t-shirt
- Medal
- A fully supported route
- Snack and drinks at both rest stops
- Bacon Roll at rest stop one
- Fish & Chips and a celebration drink at the finish

Sponsorship – We ask that you aim to raise £150 in sponsorship. When you register for the walk a fundraising

page is set up for you and will be sent to you via email. This is a great tool to help with your fundraising. Share your page with friends, family and colleagues. There is also a sponsor form and a sweepstake game to help with your fundraising on the resources page.



Support – We will be with you every step of the way. The route will be fully marked for you to follow and you will be given a route guide which will give you information about the key areas and stops.

Getting to the start - For an extra fee you can hop on board a coach on the morning of the event to take you from Southwold to Lowestoft, your car will then be at the finish once you complete the walk. You can also:

Car share – leaving a car at Lowestoft and Southwold.

Drop off – Ask family or friends to drop you off and collect you at the end.

Thank you for your support and GOOD LUCK with your training and fundraising!

Contact us: 01508 500895 / events@each.org.uk