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**Sunday 18th May**

**Norfolk Showground, Norwich**

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**Key Information**

**Do not enter through the Norfolk Showgrounds main entrance. Entry is off Dereham Rd on Dunham Rd near Dizzy Dogs Daycare.**

The what3words for the entrance is ///dumps.force.bead.

**Address:** Norfolk Showground, Dunham Rd, Norwich, NR9 5EQ.

**Parking:** Parking is available on site for a suggested donation of £5. Follow sign’s for Bubble Rush Parking.

**Toilets:** Toilets available onsite

**Food & Drink:** Food and drink will be available to purchase on the day.

**Activities**: Face painting, Bubble Rush merchandise and more!

**EVENT SCHEDULE**

**Wave Times:**

**Purple Wave – 10am**

**Orange Wave – 11am**

Please arrive at least 30 minutes before your wave time.

**FAQ’s**

**T-shirt collection** You can collect your t-shirt from the EACH gazebo on the morning of the event, simply bring along the letter in the pack and your wristbands. The pack will be sent out one month before the event.

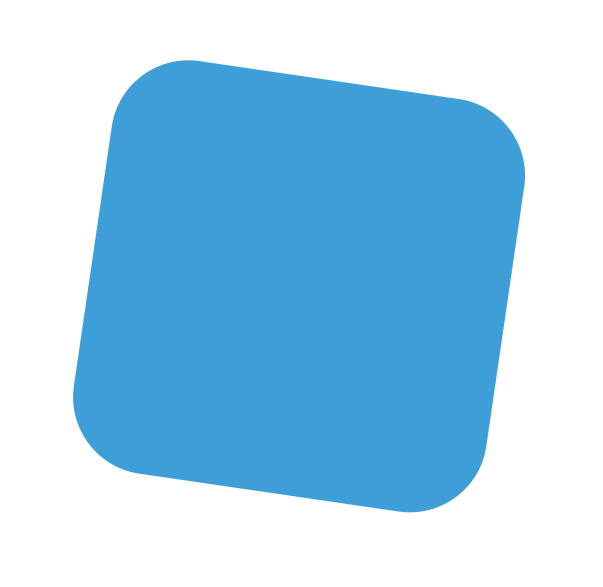
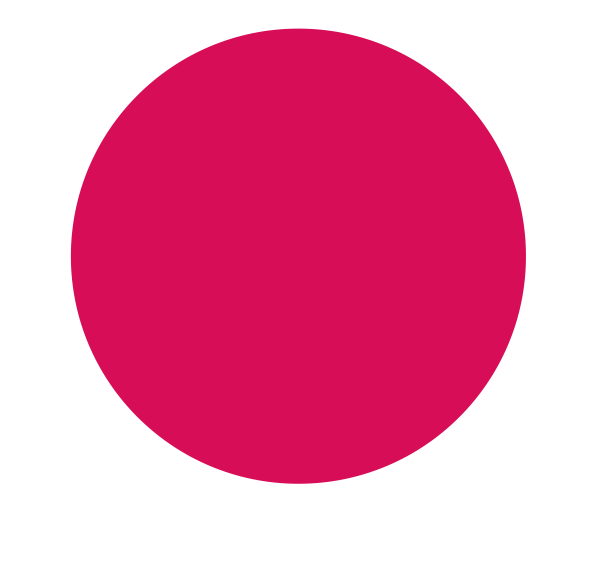
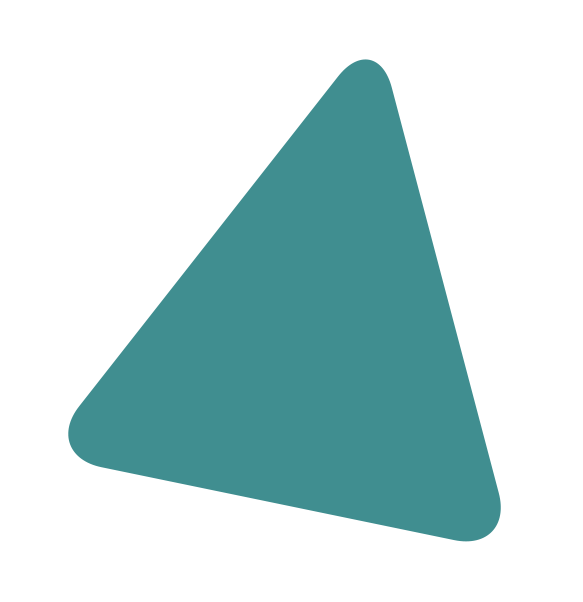
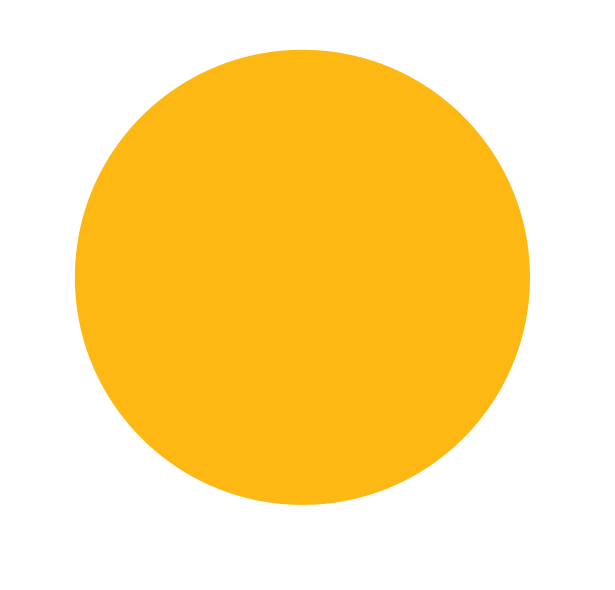
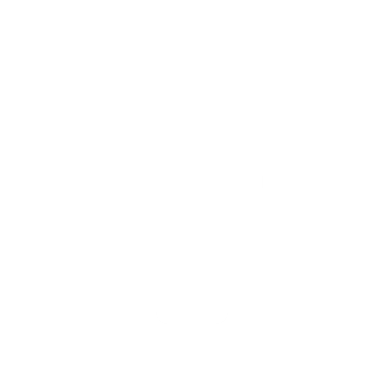
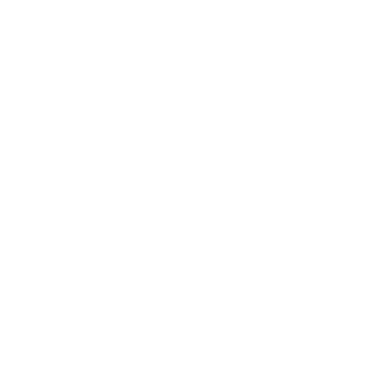
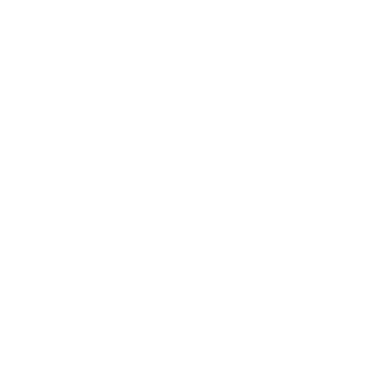
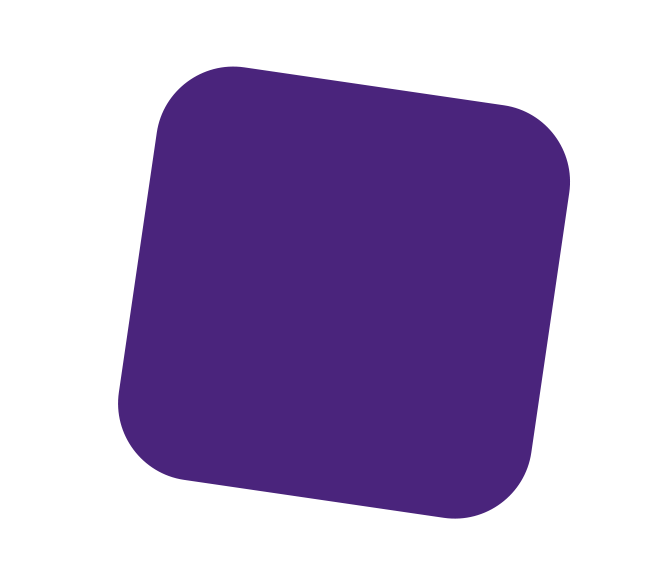
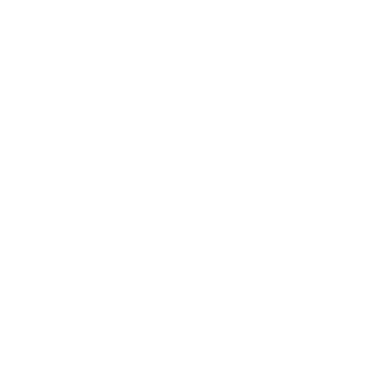
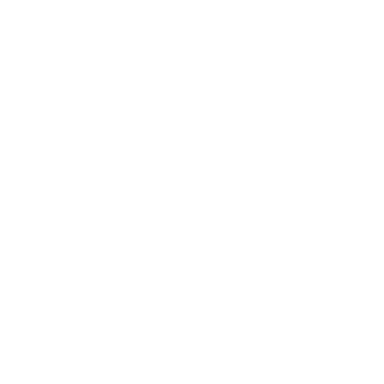
**What do I wear?** We recommend wearing comfortable clothes and shoes that you don’t mind getting messy!

**Personal belongings** There are no storage areas on site to leave personal belongings, so please only bring essential items.

**Can spectators watch?** Friends and family can come along to the event and watch by the bubble arches.

**What’s in the foam?** The foam mixture is completely natural and safe. The coloured foam is made from food dye and is water soluble as well as environmentally friendly.

**Sponsorship Money** We ask that you aim to raise £20 sponsorship per person for East Anglia’s Children’s Hospices (EACH) as your entry fee helps cover the costs to put the event on.



**Fundraise offline**

**by using the coin card or sponsor form provided.**

**to personalise your fundraising page.**

**Post photos**

**5.**

**2.**

**3.**

**target**

**and aim high!**

**Have a**

**page on social media, via email and more.**

**4.**

**Share your**

**- why you’re taking part!**

**Include your story**

Here are some top tips to help you reach your fundraising target of **£20**!

**1.**

**Fundraising Tips**