



# Keyworker Signposting

Helping you, supporting families



Norfolk Community  
Health and Care  
NHS Trust

## Our services at NCHC

Please hold the 'ctrl' key and click each service to find out more:

1. [ADHD Nursing Service](#)
2. [Children's Continence Service](#)
3. [Children's Epilepsy Nursing Service](#)
4. [Children's Occupational Therapy](#)
5. [Children's Short Breaks - Home Nursing Team](#)
6. [Children's Short Breaks Residential Service \(Squirrels\)](#)
7. [Community Paediatrics](#)
8. [Key Worker Service](#)
9. [Looked After Children \(LAC\) And Young Person Health Service](#)
10. [Neurodevelopmental Service \(NDS\)](#)
11. [Starfish LD CAMHS and Starfish+](#)

# Children's Short Breaks - Home Nursing Team

- The Children's Short Breaks Home Nursing Team (CSBHNT) provides short breaks for Norfolk families (except those in Great Yarmouth & Waveney, and Thetford) caring for children with complex health/nursing care needs aged 0-18yrs.
- We aim to provide packages of short break care in the family home to families who are in need of extra support; having a break does not mean that parents/guardians are failing in some way or not coping, we appreciate that caring for loved ones can be challenging and exhausting at times.
- A Registered Nurse / trained healthcare assistant will care for the child enabling the parent/main carer to have a break from caring. Eligible children will be allocated either a nurse or a specialist health care assistant who will provide 3 hours or more care in their home per week, leaving parents and guardians time to get on top of household chores, tend to other family members or simply their feet up and have a cup of tea, knowing their child is in safe hands
- Short Break sessions of 3 or 4 hours per week are offered; this decision is reached using a scoring tool.
- Continuing Care support is available to support those children / young people with highly complex healthcare needs.



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Short Break Services will provide inpatient healthcare or home-based care for:

- The target population may include children requiring a combination of the following. The list is not comprehensive or exclusive, merely illustrative:
- On-going intervention to maintain breathing
- Complex Feeding Regime i.e. severe reflux / vomiting, frequent feeds, risk of aspiration
- Complex stoma and catheter care
- Frequent nursing interventions e.g. frequent suctioning / nebuliser / other medication
- Seizures regularly requiring environmental and/or acute medical intervention
- Unstable / degenerative condition
- The service will provide for children whose assessment has identified the need for a short break

## Children's Short Breaks Residential Service (Squirrels)

A four-bedded unit in Aylsham providing residential short breaks to children with complex health needs within a homely environment.

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We operate a four bedded unit in Aylsham which provides residential short breaks to children with complex health needs within a homely environment. Short Breaks care packages are delivered according to needs and vary with a maximum of five nights per month. This is agreed at placement meetings and reviewed every six months.

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At Squirrels, we cook all our own food and will ensure that your child's specific dietary and nutritional needs are met during their stay. We will involve your child in all daily life and leisure experiences during their stay. Children can still attend school whilst staying for short breaks as there are transport links from most schools within the catchment area. This ensures that the children do not miss out on their education.

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At weekends and school holidays they are able to participate in a variety of activities e.g. trips out, use of sensory room, enclosed garden and play room. We have waking night staff and a qualified nurse on duty for each shift. A named nurse will work closely with you and other professionals involved in the care of your child in order to devise and maintain care plans that specifically meet your child's needs. We strive to provide a safe and comfortable place for your child to be whilst away from home and our primary aim is to safeguard and promote their welfare.

### Who it's for

Ages 8 - 18 years.

### Referrals

Referral via Health professionals and Social Workers.



# Starfish LD CAMHS and Starfish Plus



We are a multidisciplinary team that includes Specialist Learning Disability Nursing, Clinical Psychology, Speech and Language Therapy, Occupational Therapy and specialist family workers.

We also work in partnership with consultant child and adolescent psychiatry.

**Starfish Learning Disability Child and Adolescent Mental Health Service (Starfish LD CAMHS) offer assessments and interventions to children/young people who have a diagnosed learning disability where there are concerns about their mental health and/or distressed behaviour.**

## Who we care for

- Starfish offers a service to children and young people from the time they start school until the age of 18 years old.
- At the point of referral, we require evidence of a diagnosed learning disability AND information about the reason for the referral. For example:
- concerns about mental health, emotional needs and/or
- concerns about distressed behaviour and the impact of this on their everyday life
- Starfish does need evidence that the child has a learning disability, and the team will look for this information in different ways. We may ask for more information to help ensure Starfish LD CAMHS is the right service for the child or young person.

## What we do

- The team has a range of offers that are tailored according to the child or young person's needs. These include:
- offering consultation to parents/carers and professionals
- working directly with the child or young person
- working with their family or others who support and care for them.
- The aim of the intervention is to understand what is happening for the child or young person and to find ways to enable them to achieve their best health and wellbeing.
- A Starfish LD CAMHS consultation line is available for parents/carers and professionals in need of assistance. Please contact us using the telephone number below for more information.

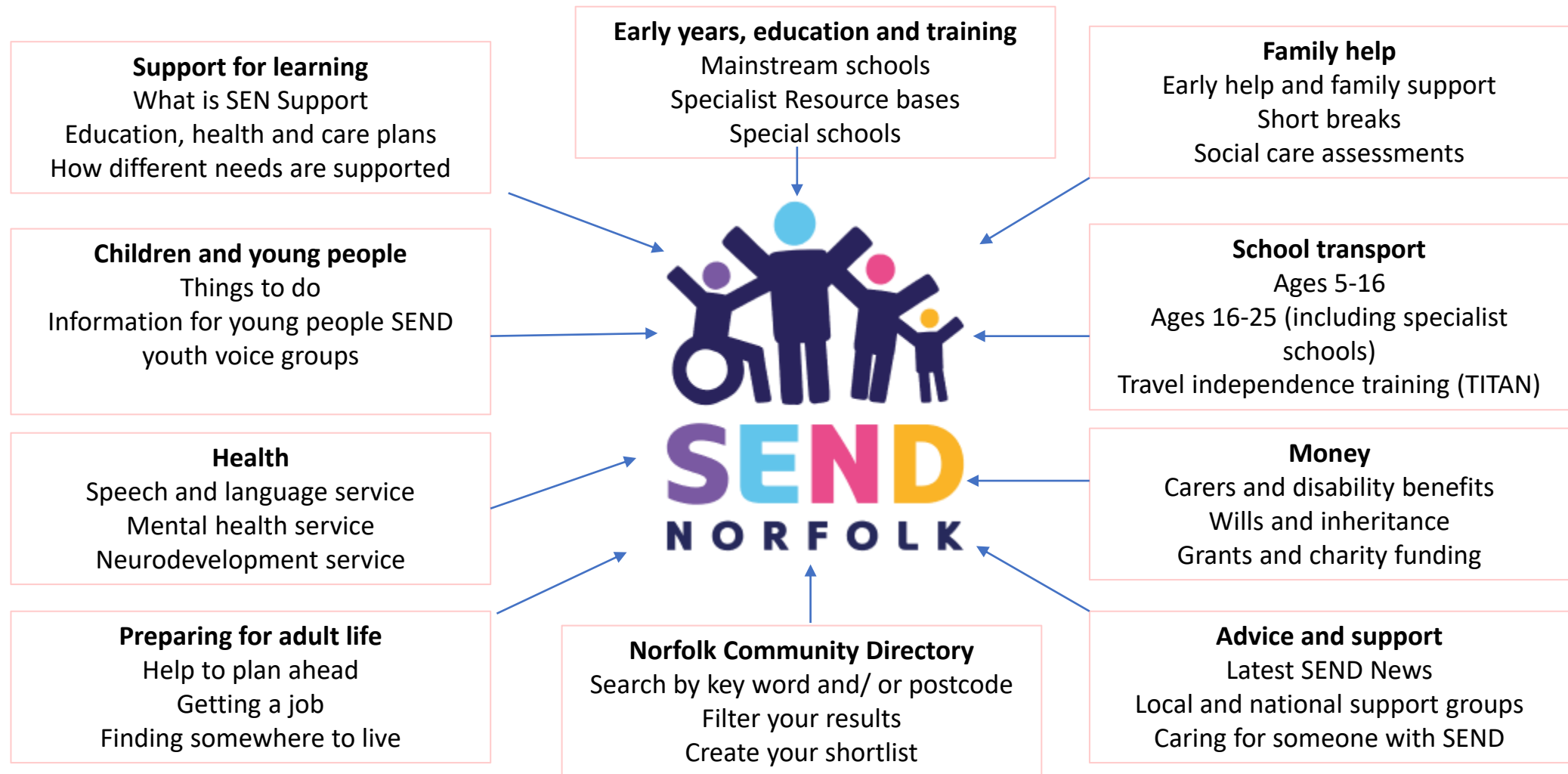
## Referrals

### **Referral criteria**

Referrals to Starfish LD CAMHS will be accepted for children/young people provided they are:

- Aged from school entry to 18 years old with a mild, moderate, or severe learning disability and experiencing mental health difficulties and/or distressed behaviour that is impacting their life
- Registered with a Norfolk GP
- Starfish LD CAMHS accepts self-referrals and referrals from all agencies e.g. GP, social care, voluntary sector.

# SEND Local Offer – [www.norfolk.gov.uk/send](http://www.norfolk.gov.uk/send)





# NANSA

Nansa provides a range of Early Childhood and Family Services...

Nansa provides support from infancy; often working alongside families prior to any formal diagnosis of their child's condition. Nansa will collaborate with every family to ensure their child's specific needs are met, promoting development and progression through an innovative and therapeutic programme of early intervention and support.

The Nansa Family Centre is based in Norwich (Woodcock Road), it offers a safe, calm, friendly, and non-judgemental environment; for families to access specialist support and meet other inspirational parents, carers, and children facing similar challenges.

Learn more about the specific programmes we offer by clicking on the services below; as of January 2021, this includes the SENSational Families programme, which offers a range of specialist advice and support for children (and their families) with SEND.

- Steps and stages
- Sleep service
- Visible voices
- SENSational Families



# Steps and Stages

- Formerly known as a School for Parents, the Steps & Stages programme is funded by Norfolk County Council and the NHS Norfolk and Waveney Integrated Care Board. Steps & Stages offers specialist early interventions that promote the development of pre-school children, who have a range of special educational needs and disabilities. Sessions are holistically tailored to meet the specific needs of every child, and are provided, FREE, to families of children:
- with delayed development or motor learning difficulties;
- with confirmed or suspected Autism Spectrum Conditions;
- who require support with social interactions;
- who face developmental challenges relating to complex sensory needs and/or communication/engagement.







## Sleep Service

- Children may be poor sleepers due to the effects of their medical condition, physical movement or breathing difficulties, restrictive aids (e.g. lycra splinting), environmental issues, poor housing conditions or lack of a bedtime routine; often the problem is due to a combination of some or all of these situations. Nansa has developed and delivered sleep programmes, including individual sleep clinics, sleep groups and sleep workshops, over the past seven years and we are liaising with Scope's Sleep Solutions Team, working with this knowledgeable and well-regarded service to deliver a high quality sleep service which uses a behavioural approach to addressing sleep problems.



provided by Nansa, the  
Norfolk and Norwich SEND Association



## Support groups

- SENsational Families host a variety of support groups and drop-ins; where FSA's are able to offer the usual advice and guidance but also provide opportunities for families to meet-up with other parents/carers facing similar challenges. Occasionally, we also host specialist support sessions concentrating on specific topics and/or featuring guest speakers.
- To check what/where/when our upcoming group sessions are, click the 'What's On' button below, and to learn about other/special events (such as school holiday activities) click 'What's New'.



**Norfolk SEN  
Network**

Registered charity no. 1044353

Assisting parent of children with Special Educational needs through the changes in education law

They can support with:

- **EHC Plans**
- **Meetings**
- **Provision**
- **Annual Reviews**
- **Tribunals**
- **Exclusions**

Norfolk SEN Networks Helpline: 01603 300 178  
10am to 1pm Monday to Friday (Answer phone at all other times)

Email: [norfolksennetwork@hotmail.co.uk](mailto:norfolksennetwork@hotmail.co.uk)

Website: <https://www.norfolksennetwork.org/>

# We offer information and advice to families in Norfolk this includes:

- Helping find childcare
- Advice and support with accessing early years provision for children with special educational needs and/ or disabilities (SEND)
- Early years finding for 2,3- and 4-year-old children
- Support available with childcare costs
- Home learning ideas
- Providing easy access to information, resources and local groups for support and advice



Contact us:

[fis@norfolk.gov.uk](mailto:fis@norfolk.gov.uk)

0344 800 8020

[www.norfolk.gov.uk/FIS](http://www.norfolk.gov.uk/FIS)



# Norfolk Family Hubs



The Family Hubs approach aims to provide help and support for all aspects of your parenting journey.

Family Hubs bring together a range of existing services, so you are able to access the advice and support you need, when you need it. They are for families with babies, children and young people from conception until they reach the age of 19, or up to 25 for young people with special educational needs and/or disabilities.

Visit-

[www.norfolk.gov.uk/familyhubs](http://www.norfolk.gov.uk/familyhubs)

<https://www.justonenorfolk.nhs.uk/family-hubs/>

This means that if you are a parent or carer, you can get all the information, advice, and support you need, when you need it.

You can find info on:

- Parenting
- Pregnancy
- Money and work
- Learning
- Days out and activities and loads more

From the minute you know you're having a baby, right up to your child's 19<sup>th</sup> Birthday (25 if your child has SEN) Norfolk family hubs are here to help.



# Early Childhood and Family Service

- The Early Childhood and Family Service (ECFS) provides information, support and advice to families with young children across Norfolk. It is funded by Norfolk County Council, working in partnership with Action for Children, and has replaced Norfolk's children's centre services for 0–5-year-olds.
  - For parents who need a little extra help, one-to-one and group support is available via a range of activities and courses. These include play sessions, baby massage, parenting courses and programmes to boost self-esteem. The ECFS service runs from venues such as libraries, community centres and schools, as well as from 15 ECFS bases across the county. One-to-one sessions can be held in people's homes, cafes, or other places where they feel comfortable
- ✓ Group activities
  - ✓ Courses for parents
  - ✓ One to one support.

Visit: [Norfolk.gov.uk/earlychildhood](https://www.norfolk.gov.uk/earlychildhood)



**Early  
Childhood  
and Family  
Service**

# Help with Transport

If you are raising a disabled or seriously ill, child under three years old, you may be able to apply for the Family Fund mobility support programme for help. We offer grants for lease cars to make transport for your child easier and more practical.

You can apply if you are on a low income, if you, or someone involved in your child's care has a valid UK licence and your child's condition means that one of the following applies:

- They cannot travel without substantial equipment, such as a mobility aid, oxygen or other;
- They cannot travel on public transport because it would compromise their immunity;
- They experience high levels of pain, or a physical condition that makes mobility difficult;
- They have to attend a significant number of medical appointments or multiple treatment centres;
- They have an unstable condition and may need emergency inpatient treatment.

Email-

[mobilitysupport@familyfund.org.uk](mailto:mobilitysupport@familyfund.org.uk)

Call- 01904 550 010



# TITAN- Travel independence

TITAN (Travel Independence Training across Norfolk) offers young people with special educational needs and disabilities (SEND) support to help them to become confident independent travellers.

We offer a range of opportunities for young people aged 10 (Year 6) to 25, both in school and the community, supporting effective transition to travelling independently.

This is a free service offered by Children's Services providing comprehensive learning and support.

TITAN travel independence training has shown to have positive effects on the lives of the young people trained, as well as those around them. Successful travel training helps to:

- Develop life skills so young people can become more independent, increasing confidence and self-esteem
- Increase interaction with other young people of the same age, building important social skills
- Open up more opportunities, such as greater access to education, training, jobs, volunteering, leisure and social activities
- Build confidence about going to a new school or college
- Provide greater freedom so young people can be less reliant on their parents and carers to take them places

Email: [titan@norfolk.gov.uk](mailto:titan@norfolk.gov.uk)

Telephone: 01603 306 889





- Helping families raising disabled or seriously ill children and young people on a low income across the UK
- We provide grants for your essential items and wider support services.
- We provide grants for wide-ranging items from kitchen appliances, clothing, bedding, sensory toys, play equipment and or much needed family breaks to computers, tablets and much more.

We also give families wider support, including:

- ✓ Information, resources and workshops on where to go for help with money and benefits.
- ✓ How to find help with your child's education and mental health and wellbeing.
- ✓ Digital training and creative workshops.

Visit our website: [www.familyfund.org.uk](http://www.familyfund.org.uk)

Or call: 01904 550 055

# The Hamlet stay and play sessions

## **Little Bees**

- Stay and play sessions for children under 4 years old
- 10-11:30am Tuesdays and Thursdays

## **Baby massage**

- Learn and practice massage techniques during this 5-week specialist lead course.
- Relax, soothe and connect with your baby

## **Nurture group**

- 6 session nurture programme at the Hamlet children's service. An opportunity to bond with baby and discover your individual parenting journey.

All sessions must be booked via Eventbrite



# The Hamlet



Norfolk County Council has awarded a three-year contract for our young carers and families service to Voluntary Norfolk, who will work in partnership with the Benjamin Foundation under the name of young carers Matter Norfolk. Together they will continue to make sure young carers get the support they need so that they are able to flourish, including when inappropriate or excessive caring is identified.

## What will the service deliver?

### Direct support to young carers and their families

- One to one support for young carers and their families; discussing with young carers their worries, their caring role, supporting families to access practical solutions and building networks of support.
- Groups/information sessions, both online and in person, for young carers and their families - particularly for those who are unable to access sessions within school such as those young people who are home schooled or not in education, training or employment.
- Access to activities and trips during the holidays, linked to other initiatives such as the holiday activities and food programme.
- Additional family support on strengthening relationships through structured groupwork.

### Work in schools / education establishments

- Work with schools and education establishments to deliver the support to young carers.
- Support at transition points to ensure young carers are supported at key stages in their lives.
- Work with schools to help support young carers meet with other young carers in groups and build long lasting friendships in those settings.



### World of work and employability

- Work to prepare for and access education, training or employment through the 'Routes to Work' Programme and practical support such as CV writing skills, interview techniques, as we know that this can be a worrying time for all young people and that young carers may benefit from additional guidance.

### Young Carers Voice

- Structured, regular locality-based forums and countywide Norfolk Young Carer Voice Meetings to ensure young carers and their families can have their voices heard and the ability to influence change.
- Offer opportunities to young carers to develop their own media raising awareness of young carers and their needs through our Citizen Journalism programme. Young carers will be able to create radio shows, podcasts and social media, to reach out to others and tell their stories in their own words.

### Young Carer information on a page

- This will be an opportunity for young carers to detail their caring role, how they want to be supported by schools and wider education providers, and how they would like to be involved in conversations about the person they support. It will also become part of their toolkit for career planning giving them a space to build a picture of their skills and experience.
- It will also mean that young carers will not have to tell their story to professionals more than once and will support practice in schools and wider multi-agency working.



# Transforming Care navigators

The Transforming Care Navigators will join your current care team to support you and your family. Our team know that you understand your care needs better than anyone. Therefore, a Navigator will work with you to get to know your needs and identify what you might need help and support with. Your family can also be involved if you would like them to be.

## How the team can support you

- A Navigator might support you by:
- Visiting you at home, in the community or at school/college/university/your place of work.
- Talking to you, or your family on the telephone.
- Helping you to understand your care and support options, so you feel confident to make decisions.
- Helping you and your family to talk to professionals and to attend meetings with you.
- Helping you to access services that might be able to help you.
- Giving you information in a way that works for you and will help you to understand what treatment is available to you.
- Helping you to understand how the health, education and social care teams work together.
- Being the main contact for you and your family.
- Making sure that you are as involved as you want to be.
- Making sure your family is as involved as you want them to be.

## Contacting the team

- The Navigator team can be contacted by email: [nwicb.cypnavigators@nhs.net](mailto:nwicb.cypnavigators@nhs.net)
- Team operating hours are Monday – Friday, 9am- 5pm.

# Transforming Care navigators' criteria

**Transforming Care Navigators** are a team of education, health and social care professionals experienced in working with children and young people with autism and/or a learning disability

**Transforming Care Navigators support children, young people and their families who:**

- are aged between 0-25 years old
- have a diagnosis of a learning disability, autism, or both

**Either in:**

- Tier 4 Hospital (0-18)
- Specialist MH/ASD/LD Hospital (18-25)
- Secure Hospital (low, medium or high) (18-25)

**Or:**

- On the Dynamic Support Register (DSR) rag rated as Red or Amber
- Alternatively, young people who are:
- aged between 0-25 years old
- have a diagnosis of a learning disability, autism, or both

**AND meet two or more of the following criteria:**

- Living in a community residential placement/educational placement, and the provider has raised concerns that they feel unable to meet the young person's needs and the placement is considered unstable.
- At risk of moving into a community residential placement/ educational placement.
- Regularly (50% or more) not attending their educational placement.
- Regularly presenting to A&E due to a mental health difficulty.

# SENDIASS

(Information and advice service)

- **We offer:** information, advice and support to children, young people and parents/carers about special educational needs and disabilities (SEND). This includes health and social care where it is linked to education.
- **We are** a free, dedicated, confidential and impartial service based in Norwich. Staff are independently trained in SEND.
- **We have** a Steering Group which includes parents and representatives from local voluntary groups, Children's Services, the Parent Carer Forum, schools, Education and Social Care, as well as Health. Together we plan the services we offer across Norfolk.
- **We Can Give You**
- **Information on:**
  - The law on Special Educational Needs (SEN) and Disability, Health and Social Care where they link to education
  - Local policy and practice
  - Personal budgets and working together (personalisation)
  - The Local Offer
  - Education Health and Care Plans (EHCP)
  - Moving through stages of education, this is called transition
  - Mediation and dispute resolution, Special Educational Needs and Disability Tribunal Service and complaints procedures



# SENDIASS (Information and advice service)

- **Advice about:**
  - Gathering, understanding and interpreting information and applying it to your own situation
  - Signposting to other services for information, advice and support
  - What to do when things go wrong
  - How to get the best from a meeting
- **Support with:**
  - Preparing for and attending meetings
  - Writing letters
  - Understanding reports
  - The EHC Plan process and annual reviews
  - Admissions and Exclusions
  - Post 16 provision
  - Working in partnership with schools and the local authority to develop positive relationships

Contact:

- [01603 704070](tel:01603704070)
- [norfolksendiass@norfolk.gov.uk](mailto:norfolksendiass@norfolk.gov.uk)







### What we offer:

- Our free support helps children who are deafblind or who have complex disabilities access education, playgroups and holidays, so they have the same life experiences as everyone else.
- From [play and communication sessions](#) to individualised support, we have lots of free opportunities for children to try new things, learn skills and make friends.
- Our [multi-sensory impairment \(MSI\) specialists](#) support children and young people who are deafblind to develop their ability to communicate, socialise and play. We also help with access to appropriate education, health and care.
- We want to see and celebrate all the fabulous qualities and unique strengths your child has. Explore the many ways we can support your family:

### Support for young carers and siblings of disabled people:

Sometimes, we all need space to relax and share our experiences with people who understand us. That's why we offer support and activities to young carers and siblings of people with disabilities.

Your child could attend one of our virtual book clubs or games nights or come along to a wellbeing session if they'd like to talk. The choice is theirs!

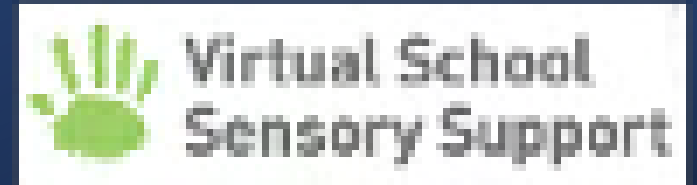
#### **Who we support**

- We work with young carers and siblings aged 5-18, based in the UK.
- Sense supports young carers with caring responsibilities for a brother, sister or parent with any disability.

#### **Online support**

- Most of our work with siblings and young carers happens online. This means you can access our sessions from wherever you are in the UK.
- We send out free activity packs in the post, so you can try your hand at something new!
- We'll also email you each month with a timetable of online activities. We can provide iPads and IT support to help you access these.

# Virtual School Sensory Support



## Our vision or mission statement

- For children and young people with a sensory loss to achieve positive outcomes and for all professionals to have high aspirations for their learning and achievement.
- For Virtual School Sensory Support (VSSS) to champion the education of children and young people with a sensory loss through the delivery of a comprehensive, robust and flexible training, guidance, advice and support offer.

## VSSS aims

- To promote best practice for children and young people with sensory loss so that this becomes universal practice in all educational settings and learning providers, and to promote this regionally and nationally
- To ensure every child or young person with sensory loss develops, and reaches, high aspirations
- To explore and understand the barriers for children and young people who have a sensory loss in reaching their potential, increasing the awareness and understanding of their needs, and the impact this has on their learning
- To ensure that resources are appropriately allocated, and targeted, to children and young people
- To ensure that the 'voice of the child' is understood and acted upon



# Family Action – Norfolk and Waveney Autism/ ADHD Support service



- We offer support to parents/ carers by listening and giving advice and guidance. This includes behaviour and routines, schools and education, anxiety and sleep.
- Signposting to resources and other services including family actions family line.
- Monthly newsletters with information on our upcoming events and articles of interest
- Peer support groups such as coffee mornings and online workshops. All run by our experienced team.

## Our courses:

### Plan Bee:

A 3-week course to support parents/carers to understand their child or young person. The course is particularly written for parents/ carers who suspect their child has autism or ADHD.

The course is delivered face to face across the county or online.

### Puffins:

**4 weeks-** Norfolk and Cygnet

**6 weeks-** Waveney

Does your child/ young person already have a diagnosis of autism? These courses are very popular with parents/ carers and are delivered by a range of people with expertise in autism.

### Contact us:

We are open Monday to Friday  
9am-5pm.

A message service is available, if  
we are all busy we will get back to  
you.

Telephone: 01603 972 589

Email: [swaffam@family-  
action.org.uk](mailto:swaffam@family-action.org.uk)

### Or

Telephone: 01493 650 220 for our  
Yarmouth based office

Email: [Gorleston@family-  
action.org.uk](mailto:Gorleston@family-action.org.uk)

# Norfolk Portage

Portage is a free home-based visiting educational service for pre-school children with additional needs and their families. It is a recognised world-wide intervention.

Portage is an intensive and sustained therapy. It supports parents/carers to help their children enjoy better outcomes.

**'We believe that all children have the right to be happy, healthy and safe; to be loved, valued and respected and to have high aspirations for their future, no matter what their diagnosis or need.'**

Norfolk Portage Service offers a holistic approach to your child's development. They work alongside other professionals involved with your child.

## Who is it for?

- Families with children aged 0-5, who have a recognised development delay of six months or more, in at least two areas of development. Children cannot be involved in other activities outside the home, for four sessions a week or more
- Children may have a complex physical disability, significant learning or developmental difficulties or another special need



Listen, Plan, Play, Learn

# Norfolk Portage

## What you can expect

- Once a referral is received, you will be contacted by a Senior Portage Practitioner. They will make an appointment to visit you and your child at home
- The Initial Assessment visit will take place following triage of the official referral. This could take several weeks, depending on the number of referrals at that time. The initial assessment visit will last for approximately an hour to an hour and a half. During this time they will gather information about your child's needs and decide if Portage is an appropriate service for you
- If the service is appropriate, you will be assigned a Portage Practitioner. They will visit you weekly, fortnightly or monthly, for approximately one hour. They may carry out a block of visits.
- There is often a waiting list. Your child's name will be placed on that list, until a Practitioner becomes available
- As a parent/carer, you can stop Portage at any time if you feel it is not for your family. Visits will begin to reduce in frequency when a child begins to access more sessions out of the home
- They will look at the skills your child has and build on those skills, to help meet their developmental milestones. They work in partnership with you. They are mindful that parents/carers are the child's main educators and set achievable long-term goals to work towards
- The Portage Practitioner will ask you to repeat activities during the week until the next visit. This is to develop the identified skill
- Your Portage Practitioner will be an early year's professional. They will be fully trained in the Portage ethos of Small Steps to Learning, a recognised intervention by the National Portage Association
- Your home visits will cover the elements of family focus, child led play and structured teaching. You will have activity and play plans to refer to throughout the week. You may have diaries to record and evidence progress
- If your child is going into nursery or pre-school, they have a key role in the smooth transition from home intervention into a setting



Listen, Plan, Play, Learn

## How to make a referral

- Referrals can be made by any professional working with your child
- Parents can self-refer. Email [portage.service@norfolk.gov.uk](mailto:portage.service@norfolk.gov.uk)



# Colleges and internships



# Supported Internships

## The help you need to get a job

If you are 16 to 24 and have special education needs and/or disabilities a Supported Internship could be just the extra help you need to get a job.

They provide learning on the job while you're at college allowing you to spend time in a work placement.

### You can find out more about Supported Internships from:

- your teacher, learning support assistant or SENCo
- your local college
- your EHCP co-ordinator
- the Norfolk SEND Local Offer website at [www.norfolk.gov.uk/SEND](http://www.norfolk.gov.uk/SEND)

### When should I tell people I want a Supported Internship?

If you think you might want a Supported Internship you should tell your teacher, your learning support assistant, SENCo or EHCP co-ordinator, so they can help you.

This could be at your Year 9 or 10 review at school, when you are thinking about work and work experience.

It can then be written into your Education Health and Care Plan (EHCP) as something you want to do when you go to college.



### What happens then?

Your college will set up your Supported Internship with an employer who has a job that matches your skills.

You will go to college some of the time, but most of the time you will be doing work experience with your employer.

The college will provide you with a Job Coach who will support you in your new role.

### What happens next?

After your Supported Internship you will be ready to work. Your employer might offer you the job you've been doing on your internship or something else, or you might want to work for another employer - your Job Coach will help you with this.

Your Supported Internship will give you the experience you need to make the step from education into employment and your future.

You can use this space to write down your next steps:

Visit [www.ndti.org.uk](http://www.ndti.org.uk) to find out more about young people who have done a Supported Internship.





# Pathways In Inclusive Learning

## Community & Supported Living

- Connect
- PAL (Preparing for Adult Life)
- Inspire
- Progressions
- Phoenix Purple Independence
- Get Involved
- Future Choices
- Skills For Life
- Pathway to Independence
- Personal & Social Pathway

## Employment

- General Enterprise
- Hospitality Enterprise
- Retail Enterprise
- Phoenix Purple Employment
- Ticket
- Rural Enterprise
- Ticket
- Multi Enterprise
- Ticket
- Work Matters - NNUH
- Work Matters - NORSE
- Work Matters - AGRI LAND
- MINT

## Vocational

- Creative Pathway
- Discovery Pathway
- Social & Community Pathway
- Phoenix Purple Vocational
- Vocational Pathway
- Future Aspirations

### Colour Key:

- CCN
- Easton
- Paston
- Off Site
- MINT



FUTURE CHOICES	SKILLS FOR LIFE	PATHWAY TO INDEPENDENCE	PERSONAL SOCIAL PATHWAY
 6 students per group  3 days a week, 1-2 years  9am - 4:15pm <ul style="list-style-type: none"> <li>- Communication skills</li> <li>- Life Skills</li> <li>- Personal Development</li> <li>- Art &amp; Craft</li> <li>- College Community</li> <li>- Core Literacy &amp; Numeracy</li> </ul>  Work towards EHCP Targets  College Certificate  2nd year Future Choices, community based options	 8-10 students per group  3 days a week, 1 year  9am - 4:15 pm <ul style="list-style-type: none"> <li>- Communication skills</li> <li>- Life &amp; Independence Skills</li> <li>- College community tasks</li> <li>- Core Literacy &amp; Numeracy</li> </ul>  Work towards EHCP Targets  College Certificate  Pathway to Independence, community based options	 8-10 students per group  3 days a week, 1 year  9am - 4:15pm <ul style="list-style-type: none"> <li>- Communication skills</li> <li>- Life Skills</li> <li>- Confidence building</li> <li>- Personal development</li> <li>- Travel Training</li> <li>- FS Maths and English</li> </ul>  Work towards EHCP Targets  College Certificate, FS Maths & English  Personal Social Pathway, Rural Enterprise, community based options	 8-10 students per group  3 days a week, 1 year  9am - 4:15pm <ul style="list-style-type: none"> <li>- Building confidence</li> <li>- Personal development</li> <li>- Thinking skills</li> <li>- Team work &amp; problem solving</li> <li>- Exercise</li> </ul>  Work towards EHCP Targets  College Certificate, FS Maths & English  Rural Enterprise, Vocational Pathway or community based options
<h1>Inclusive Learning</h1> <h2>Easton College</h2>	RURAL ENTERPRISE	VOCATIONAL PATHWAYS	FUTURE ASPIRATIONS
	 8-10 students per group  3 days a week, 1 year  9am - 4:15pm <ul style="list-style-type: none"> <li>- Communication skills</li> <li>- Life Skills</li> <li>- Skills for work</li> <li>- Practical outdoor learning</li> <li>- Enterprise activities</li> <li>- Customer service skills</li> </ul>  Work towards EHCP Targets  College Certificate, FS Maths & English  Enterprise or Pathways courses, community based options	 8-10 students per group  3 days a week, 1 year  9am - 4:15pm <ul style="list-style-type: none"> <li>- Confidence &amp; Communication skills</li> <li>- Land-based education</li> <li>- Animal Management</li> <li>- Building confidence &amp; independence</li> <li>- Employability skills</li> </ul>  Work towards EHCP Targets  OGD Life skills certificate FS Maths & English  Vocational courses - Hort - Weld - Motor - ERM	 8-10 students per group  3 days a week, 1 year  9am - 4:15pm <ul style="list-style-type: none"> <li>- Personal development</li> <li>- ICT</li> <li>- Horticulture</li> <li>- Small animal management</li> <li>- Life skills</li> <li>- Skills for work</li> <li>- Preparation for further study or vocational course</li> </ul>  Work towards EHCP Targets  College Certificate, FS Maths & English, OGD Maths & English  Vocational courses - Travel - Work - Motor - ERM



# Inclusive Learning

Easton College



## TICKET (EASTON)



8 students per group



3 days a week, 1 year



9am - 4:15pm



- Real life work experience (land focus)
- group voluntary placements
- Skills and behaviours for work
- Supported by job coach
- CV and interview prep
- Enterprise activities



Work towards EHCP Targets  
BTEC Certificate Work Skills E3/L1,  
FS Maths & English



Work Matters, MINT, employment



## MULTI ENTERPRISE



8 students per group



3 days a week, 1 year



9am - 4pm



- Communication skills
- Life & independence skills
- Community Cafe
- Customer service skills
- Building confidence
- Skills for work



Work towards EHCP Targets



Gateway Certificate Enterprise,  
FS Maths & English/GCSE



Pathways courses, Ticket, Work  
Matters, MINT

## TICKET (PASTON)



8 students per group



3 days a week, 1 year



9am - 4pm



- Real life work experience (local area)
- group voluntary placements
- Skills and behaviours for work
- Supported by job coach
- CV and interview prep
- Enterprise activities



Work towards EHCP Targets



BTEC Certificate Work Skills E3/L1,  
FS Maths & English/GCSE



Work Matters, MINT, employment





PAL (Prep for Adult Life)	INSPIRE	PROGRESSIONS	GET INVOLVED
 4 students per group  3 days a week, 1-2 years  9am-3pm  <ul style="list-style-type: none"> <li>- Communication skills</li> <li>- Life Skills</li> <li>- Community access</li> </ul>  Work towards EHCP Targets  College Certificate  2nd year PAL, community based options	 6 students per group  3 days a week, 1 year  9am-4pm  <ul style="list-style-type: none"> <li>- Communication skills</li> <li>- Life Skills</li> <li>- Community access</li> <li>- Building independence</li> </ul>  Work towards EHCP Targets  College Certificate  Links, community based options	 8 students per group  3 days a week, 1 year  9am-4pm  <ul style="list-style-type: none"> <li>- Communication skills</li> <li>- Life Skills</li> <li>- Community access</li> <li>- Travel training</li> </ul>  Work towards EHCP Targets  College Certificate, FS Maths & English  Pathways courses, community based options	 6 students per group  3 days a week, 1 year  9am-4pm  <ul style="list-style-type: none"> <li>- Communication skills</li> <li>- Building Independence</li> <li>- Developing skills for work</li> <li>- Volunteering opportunities</li> <li>- FS Maths &amp; English</li> <li>- Work towards EHCP Targets</li> </ul>  College Certificate, FS Maths & English  Community based options, volunteering in the community

**Inclusive Learning**

**City College Norwich**



**PHOENIX PURPLE INDEPENDENCE**

 6 students per group  
 3 days a week, 1 year  
 9am-4pm  


- Communication & social skills
- Life Skills
- Community
- Building confidence & independence
- Core literacy & Numeracy
- Skills for work
- Travel Training
- Enterprise

 Work towards EHCP Targets  
 College Certificate, FS Maths & English  
 Enterprise or Pathways courses, community based options





**PHOENIX PURPLE EMPLOYMENT**

 8 students per group  
 4 days a week, 1-2 years  
 9am-4pm  





- Confidence & Communication skills
- Life Skills
- Travel training
- FS Maths & English
- Skills for work
- Some optional sessions

 Work towards EHCP Targets  
 College Certificate, FS Maths & English  
 Enterprise or Pathways courses, Tutors, Work Matters, MINT

**PHOENIX PURPLE VOCATIONAL**

 8 students per group  
 4 days a week, 1-2 years  
 9am-4pm  


- Confidence & Communication skills
- Life Skills
- Travel training
- FS Maths & English
- Skills for work
- Some optional sessions
- Preparation for further study in vocational courses

 Work towards EHCP Targets  
 College Certificate, FS Maths & English, GET Maths & English  
 Vocational courses, Tutors, Work Matters, MINT

# City College

GENERAL ENTERPRISE	RETAIL ENTERPRISE	HOSPITALITY ENTERPRISE	TICKET (NORWICH)
<ul style="list-style-type: none"> <li>8 students per group</li> <li>3 days a week, 1 year</li> <li>9am-4pm</li> <li>-Communication skills</li> <li>-Team work</li> <li>-Customer service skills</li> <li>-Bloom tubes, veg bags, bouquets</li> <li>-Building skills for work</li> <li>Work towards EHCP Targets</li> <li>FS Maths &amp; English, Gateway E2 Enterprise</li> <li>Other enterprise or Pathways courses</li> </ul>	<ul style="list-style-type: none"> <li>8 students per group</li> <li>3 days a week, 1 year</li> <li>11am-4pm</li> <li>-Communication skills</li> <li>-Team work</li> <li>-Customer service skills</li> <li>-Scribbles shop, Amazing Crates</li> <li>-Building skills for work</li> <li>Work towards EHCP Targets</li> <li>FS Maths &amp; English, Gateway E3 Prep for Employment</li> <li>Other enterprise or Pathways courses, Ticket Work Matters</li> </ul>	<ul style="list-style-type: none"> <li>8 students per group</li> <li>3 days a week, 1 year</li> <li>9am-4pm</li> <li>-Communication skills</li> <li>-Team work</li> <li>-Customer service skills</li> <li>-Enterprise activities (cooking)</li> <li>-Building skills for work</li> <li>Work towards EHCP Targets</li> <li>FS Maths &amp; English, Gateway E3 Prep for Employment</li> <li>Other enterprise or Pathways courses, Ticket Work Matters</li> </ul>	<ul style="list-style-type: none"> <li>8-10 students per group</li> <li>3 days a week, 1 year</li> <li>9am-4pm</li> <li>-Real life work experience in local area</li> <li>-group voluntary placements</li> <li>-Skills and behaviours for work</li> <li>-Supported by job coach</li> <li>-CV and interview prep</li> <li>-Enterprise activities</li> <li>-Customer service</li> <li>Work towards EHCP Targets</li> <li>BTEC Certificate Work Skills E3/L1, FS Maths &amp; English</li> <li>Work Matters, MINT, employment</li> </ul>
CONNECT	CREATIVE PATHWAY	DISCOVERY PATHWAY	SOCIAL COMMUNITY PATHWAY
<ul style="list-style-type: none"> <li>6 students per group</li> <li>2 days a week, 1 year</li> <li>9am-4pm</li> <li>-Gradual transition to college</li> <li>-Communication skills</li> <li>-Personal development</li> <li>-Confidence building</li> <li>Work towards EHCP Targets</li> <li>College Certificates</li> <li>Other enterprise or Pathways courses</li> </ul>	<ul style="list-style-type: none"> <li>8 students per group</li> <li>3 days a week, 1 year</li> <li>9am-4pm</li> <li>-Communication skills</li> <li>-Team work</li> <li>-Personal development</li> <li>-Art &amp; maths</li> <li>-Wood turning</li> <li>Work towards EHCP Targets</li> <li>FS Maths &amp; English, Gateway Personal Social Skills E2/E3</li> <li>Other enterprise or Pathways courses, Ticket</li> </ul>	<ul style="list-style-type: none"> <li>8 students per group</li> <li>3 days a week, 1 year</li> <li>9am-4pm</li> <li>-Communication skills</li> <li>-Team work</li> <li>-Juni Run Award</li> <li>-London practical experience</li> <li>-Cookery</li> <li>-Construction/Machinics</li> <li>Work towards EHCP Targets</li> <li>FS Maths &amp; English</li> <li>Other enterprise or Pathways courses, Ticket Work Matters MINT</li> </ul>	<ul style="list-style-type: none"> <li>8 students per group</li> <li>3 days a week, 1 year</li> <li>9am-4pm</li> <li>-Communication skills</li> <li>-Team work</li> <li>-Skills for life</li> <li>-Skills for work</li> <li>-Personal Development</li> <li>-Enterprise activities</li> <li>Work towards EHCP Targets</li> <li>FS Maths &amp; English, Gateway Personal Social Skills</li> <li>Other enterprise or Pathways courses</li> </ul>