

EACH Library Care Bulletin

From the EACH Library & Information Service

www.each.org.uk/library



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The latest articles, guidance and resources from a range of journals and web sites. If you have any ideas or feedback on what would be useful for future bulletins, please get in touch:

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1. Challenging Behaviour Information Sheets & Podcasts

The [Challenging Behaviour Foundation](#) has recently updated its information sheets for families. They're very well written and a great resource for staff new to working with children with severe learning disabilities or those who teach on this area. Topics include:

[Communication and challenging behaviour](#)

[Self-injurious behaviour](#)

[Pica and Polydipsia](#)

[Difficult sexual behaviour](#)

[Reducing the use of restraint and other practices](#)

[Impact of caring on families](#)

[Specialist equipment and safety adaptations](#)



Podcast - Wellbeing Resource - Challenge Accepted

In December 2023 a new podcast [Challenge Accepted](#) was launched focusing on family wellbeing, looking at connecting with others, taking time for themselves, spending time together as a family and accessing carers assessments and respite.

Tatterton M, Mulcahy J, Mankelov J et al (2024) Checking nasogastric tube safety in children cared for in the community: a re-examination of the evidence base. *Nursing Children and Young People*. doi: 10.7748/ncyp.2024.e1493

Email the [library](#) for a copy

2. Article: Therapeutic untruths

An easy to read 2 page article from *Learning Disability Practice* asking if it's ever acceptable to tell a therapeutic untruth – such as the deliberate omission of information or avoiding a topic

that might cause distress. It notes that while they may be used in the best interests of a person being supported, they should be monitored to avoid misuse or overuse.

.McKenzie, K., 2024. Can it ever be acceptable to tell a therapeutic untruth?: *Learning Disability Practice*, 27(1).

Email the [library](#) for a copy

3. Sibling Toolkit: guidance and games to help adults support siblings of child with cancer



From the children's brain tumour charity Tom's Trust, a very comprehensive 40 page manual designed for key adults to support siblings.

Written and designed by clinical psychologists and

other healthcare professionals, it's a great resource and very relevant for siblings of children with other life-limiting conditions. Throughout the toolkit advice and recommendations have been made to take into account a sibling who may have special educational needs or neurodiversity.

Download a [free copy from their web site](#) or [contact the library](#) to borrow a print copy

4. Article: Beyond prolonged grief: exploring the unique nature of complicated grief in bereaved children

The article argues that the current approach to diagnosing complicated grief in children overlooks important social and personal factors that impact how children react to and cope with death. A number of recommendations are made for families and schools.

Lytje, M. and Dyregrov, A., 2024. Beyond prolonged grief: Exploring the unique nature of complicated grief in bereaved children. *Bereavement*, 3.

[Access online](#)

5. Children of Jannah – Resources for Muslim families who have been bereaved

The charity [Children of Jannah](#) provides support and resources to families whose child had died.

Some of their free downloadable resources include:

- [Where is My Child](#): searching for answers after your child has died.
- [My child's grief journey](#): a practical guide to supporting your child after the death of a sibling
- [Honouring a deceased child's birthday](#).

Available [from the library](#) as PDFs or request a download from the [Children of Jannah](#) web site.



Children of Jannah

"We hold at our core the Muslim belief that all children who die enter Heaven (called Jannah in Arabic)."

6. Article – Case Study: Subcutaneous lacosamide for seizures

The use of high dose subcutaneous benzodiazepines for management of seizures at end of life is standard in adult end of life care, but not always effective. This article presents a case study on the successful use of subcutaneous lacosamide in an adult hospice.

McCarthy, N., Freshwater, E. and McCarron, N., 2024. Subcutaneous lacosamide for seizures. *BMJ Supportive & Palliative Care*.

Email the [library](#) for a copy

7. Article – Methadone as an adjuvant analgesic

This short article describes the experiences of an adult UK hospice and their use of Methadone as an “add on treatment” rather than a substitute for opiates for pain control in end of life care.

Shahab, J. and Willis, D., 2024. Methadone as an adjuvant analgesic. *BMJ Supportive & Palliative Care*.

Email the [library](#) for a copy

8. Article: Major review ‘supports use’ of simulated learning in nursing

From the *Nursing Times*, a short article on the findings of the Simulated in Nursing Education research carried out last year.

“Simulated practice learning can be just as effective as traditional clinical placements in improving outcomes for pre-registration nursing students, such as knowledge, clinical judgement and critical thinking, a first-of-its-kind review has found.”

More information on the report:

[CoDH-ARU-Simulation-in-Nursing-Education-Executive-Summary-Jan-2024.pdf](#)
(councilofdeans.org.uk)

Devereux, H. 2024. Major review supports use of simulated learning in nursing. 1st February online. *Nursing Times*.

Email the [library](#) for a copy of the article

9. Article: Checking nasogastric tube safety in children cared for in the community: a re-examination of the evidence base

The article reviews the current evidence for caring for children with nasogastric tubes in the community and proposes a revised approach for checking tube placement. It includes a list of clinical events that increase the risk of tube displacement and tests that must not be used to check the position.

10. Article: How to make the case for expanding a nursing team

Two Learning Disability specialist nurses used the RCN's Nursing Workforce Standards to lead service improvement and expand their nursing team. The article describes how they did this and provides advice on using the standards.

Springall, F. and Webster, T., 2024. How to make a case for expanding a nursing team: Two learning disability specialist nurses used the RCN's Nursing Workforce Standards to lead service improvement. *Learning Disability Practice*, 27(1).

Email the [library](#) for a copy

More information on the RCN Standards and checklist [here](#)
