

EACH Library Care Bulletin

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The latest articles, guidance and resources from a range of journals and web sites. If you have any ideas or feedback on what would be useful for future bulletins, please get in touch: Sue – sue.langley@each.org.uk

1. Article: Assessing the Carer Support Needs Assessment Tool for use with parents of children with life-limiting conditions

The Carer Support Needs Assessment Tool (CSNAT) is a well-established evidence based tool assessing the carer support needs of adults supporting adults. In this research 30 mothers and 12 fathers (recruited from 4 children's hospice services) took part in assessing the suitability of an adapted paediatric version with positive results.

Fisher, V., Atkin, K., Ewing, G., Grande, G. and Fraser, L.K., 2023. Assessing the suitability of the Carer Support Needs Assessment Tool (CSNAT-Paediatric) for use with parents of children with a life-limiting condition Palliative Medicine, p.02692163231214471.

Email the [library](#) for a copy or download [here](#). More information about the tool, licence and training from www.csnat.org

2. Article – Home enteral tube feeding: trouble shooting

This article looks at common complications that can occur with home enteral tube feeding and suggestions to manage them. These include: gastrointestinal changes – reflux, nausea, diarrhoea and bloating, tube blockage, stoma site problems, plus more. A good article for being familiar with common complications that can occur for either adults or children.

Citation: Barry, M. Home enteral tube feeding: troubleshooting. CN (Complete Nutrition) Magazine, 2023, 23 (7) p 17-21

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3. Article: What the new Paediatric Early Warning Score (PEWS) means for nurses

An overview of the new Paediatric Early Warning Score, launched in November 2023 currently being rolled out in NHS Trusts across England. Produced by the RCN and Royal College of

Paediatrics and Child Health to improve the detection of deterioration in children on general children's inpatient wards. Children's hospices are not required to use this tool but it may be useful to compare to tools currently being used. [4 tools](#) have been designed for use with different ages.

Dean, E. 2024. *What the new PEWS means for nurses. Nursing Children and Young People, 36 (1)*

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4. Medicine Leaflets for Parents: Drugs to reduce saliva production



From the excellent website Medicines for Children, two new leaflets for parents on Glycopyrronium and hyoscine hydrobromide, drugs used to reduce saliva production. A useful resource for new staff not familiar with the drugs or side effects.

Access leaflets here:

[Glycopyrronium to reduce saliva production – Medicines For Children](#)

[Hyoscine hydrobromide patches to reduce saliva production – Medicines For Children](#)

5. Article: Adapting a tissue viability education programme to online learning.

A tissue viability team redeveloped its staff education course to be delivered online during the Covid-19 pandemic. This resulted in permanent changes to the way it delivered pressure ulcer prevention and wound care education. It included changes to the programme itself with 3 levels – foundation to expert, and involvement of AHPs. The result was a blended model of learning that provided more flexibility, accessibility and increased knowledge of staff.

Cuthbert, J. and Campbell, L., 2023. Adapting a tissue viability education programme to online learning. *Nursing Times*.

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6. Article: Rare epilepsy syndromes: understanding treatment goals and management challenges

From the journal *Learning Disability Practice*, an overview of some of the rare epilepsy syndromes associated with learning disabilities and other complex medical conditions. It describes 5 of the rare conditions, and additional treatment options currently being offered. A quiz is also available to check learning from the article.

Kerr, N., 2023. Rare epilepsy syndromes: understanding treatment goals and management challenges. *Learning Disability Practice, 26(5)*.

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7. Article: Does baclofen for the management of spasticity increase the risk of seizures?

A short article looking at the evidence behind this, following some recent parent web sites stating this may be the case. The article describes the search and studies identified and concludes there's no evidence that this is the case.

Malalla, H. and Gorman, K.M., 2023. Does baclofen for the management of spasticity increase the risk of seizures?. *Archives of Disease in Childhood*.

Email the [library](#) for a copy or access with [OpenAthens log in](#).

8. Article – Exploring the experience of fathers who have a child with a learning disability

Most research on the experiences of families with children with complex needs captures the experiences of mothers. This research looked at previous studies to pull together the current findings on the experiences of Dad's. It showed that while parenting a child with complex needs can be a positive experience for fathers it can also involve a journey through loss and grief before eventual acceptance of their child's condition. Recommendations include more father-focused interventions and male only support groups.

Cartwright E, Douglass E (2023) Exploring the experiences of fathers who have a child with a learning disability. *Learning Disability Practice*. doi: 10.7748/ldp.2023.e2232

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9. Article: Don't forget to involve the fathers in conversations

This short article led on from feedback a Dad gave to a nurse carrying out research on families with children with complex needs. It makes a number of recommendations with practice.

“He noticed that professionals usually directed their communication to his wife, even if he asked questions himself. “

Willis ,Eleanor. "Don't forget to involve the fathers in conversations" *Nursing Children and Young People* 36,no.1(2023):15-16doi:10.7748/ncyp.36.1.15.s9.

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10. Podcast: Dad's Still Standing: Baby loss podcast

And on the topic of Dad's, 3 podcasts recorded last year from the Dad's Still Standing Podcast sound like worthwhile listens and recommendations:

[Multiple losses – “Surely it won't happen again”](#)

[Impact on Careers](#)

[Social Media – the pros and cons.....](#)

11. Article: Rewriting clinical supervision with a partnership approach

The article provides information on the successful change one NHS Trust took to outsourcing its clinical supervision for band 5 – 8 nurses. The new model codesigned by the trust's nurses and NHS Elect focused on health, wellbeing and professional development. An interesting read for those interested in exploring the best model of supervision to support staff.

Thompson, D., 2023. Rewriting clinical supervision using a partnership approach. *Nursing Times*, p.2.

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“The new clinical supervision model focused on health, wellbeing and professional development. It was owned by staff and they could choose whether or not to participate”

12. APPM Formulary – 2024 6th edition

For those that prescribe in paediatric palliative care, the APPM Formulary is essential. The new 6th edition has been substantially revised and extended in length with more background to the drugs and why they're being used. Added content includes conversion tables between routes of opioids, an increased section on midazolam dosing, guidance on the administration of buccal medication and switching medication from gabapentinoids and benzodiazepines.

[APPM Master Formulary](#)
