

# Sunday 7<sup>th</sup> July

The Links, Newmarket

### <u>FAQ's</u>

#### T-shirt collection

You can collect your t-shirt from the EACH gazebo on the morning of the event, simply bring along the letter in your pack and your wristbands. The pack a wristbands will be received around 1 month before the event.

#### What do I wear?

We recommend wearing comfortable clothes and shoes that you don't mind getting messy!

#### Personal belongings

There are no storage areas on site to leave personal belongings, so please only bring essential items.

#### Can spectators watch?

Friends & family can be in the event village and watch by the bubble arches.

#### What's in the foam?

The foam mixture is completely natural and safe. The coloured foam is made from food dye and is water soluble as well as environmentally friendly.

#### Sponsorship Money

event.

We ask that you aim to raise £20 sponsorship per person for East Anglia's Children's Hospices (EACH) as your entry fee helps cover the cost of the

EVENT SCHEDULE

Wave Times: Purple Wave – 10am Orange Wave – 11am

Please arrive at least 30 minutes before your wave time.

#### Key Information

NO PARKING at The Links. Drop off only. Please park at the Newmarket Rowley Mile Course.

**Parking address:** Rowley Mile Racecourse, Cambridge Road, Newmarket, CB8 0TF.

There will be a short shuttle bus provided to the event site. Parking is a suggested donation of £5 per car.

Drop off/disables parking address: The Links, Newmarket, CB8 0TG.

Toilets: Toilets available onsite

**Food & Drink:** Food and drink will be available to purchase on the day.

## **Fundraising Tips**

Here are some top tips to help you reach your fundraising target of **£20**!



to personalise your fundraising page. 2. Include your Story - why you're taking

part!

3.





target

and aim high!

5. Fundraise **Offline** by using the coin

card or sponsor

form provided.