



each

East Anglia's
Children's Hospices

Summer Seasonal Ideas

The Queen's Platinum Jubilee

Thursday 2nd - Sunday 5th June

Queen Elizabeth II will be the first British Monarch to have reigned 70 years! To celebrate this historic moment why not organise a special event with your colleagues. Hold a tea party, a picnic, your own Platinum Pudding Competition, watch the Platinum Party together or hold your own office music festival! Get in touch for our Eat for EACH bunting.

National Wine and Cheese Day

Monday 25th July

Get together with colleagues and clients for a wine and cheese tasting evening. Or hold a prize draw to win a cheese and wine hamper.

Cycle to Work Day

Thursday 4th August

Cycle to work instead of driving or your normal mode of transport. Donate the money you would have spent on fuel or tickets!

Children's Hospice Week

Monday 20th - Sunday 26th June

This week is dedicated to raising awareness and funds for children's hospices and palliative care services across the UK, and the seriously ill children and young people we all support. Help your local children's hospices by focusing your fundraising on EACH during this week, and spreading the word about the vital work we do.

Birmingham 2022 - The Commonwealth Games

Thursday 28th July - Monday 8th August

This year the Commonwealth Games are being hosted in the UK and include five new sports - road cycling, judo, triathlon, table tennis & wrestling! Hold a lunchtime TV viewing of the games in the office, take part in a sporty challenge with EACH Mile Counts or create your own Office Games! This could include:

- Desk tennis
- Paper basketball dunking
- Broom hockey
- Paper plate discus

Save the date!

Pier to Pier - Saturday 25th June

The Piglet, Junior Hog - Sunday 3rd July

Norwich Bubble Rush - Saturday 16th July

We are also at the Suffolk Show (31st May - 1st June) and the Norfolk Show (29th - 30th June) so do come and say hi!

For more information or to sign-up to any of our events, please visit our [website](#).

