



## Sensory Art Making

Use items from nature or objects from around the home to create a picture.



1. Encourage your child or young person to touch the objects, exploring the shape, texture or size. Be careful if they like to put object in their mouths.
2. Allow them to place the object onto the floor, piece of paper or a chopping board.
3. Build a picture of something together – this could be a house, flower, animal, pattern - use your imagination.
4. Take a picture of your creation at the end!