



# THE ORWELL WALK



Increasing Children's Hospice Care  
for Suffolk & North Essex

The Orwell Walk has been in existence since 1977 and has raised over £1 million for all sorts of charities as people can choose to walk for whatever charity they wish. A percentage of the money raised is then paid to The Rotary Club of Ipswich East to cover the costs of the event and for them to distribute to their own chosen charities.

In 2010 EACH have linked up with the Rotary Club to provide this wonderful opportunity for people to raise money towards the Treehouse Appeal and this year have added a NEW walk especially for children to mark the occasion.

## The Orwell Walk

The walk takes place on Sunday 27<sup>th</sup> June 2010 and starts and finishes at Amberfield School, Ipswich. Registered walkers can choose to walk a variety of distances with the longest being a 25 mile route. The route passes through some of the most delightful countryside in Suffolk.

For more information or to register for the walk please visit either [www.orwellwalk.org.uk](http://www.orwellwalk.org.uk) or [www.each.org.uk/treehouse](http://www.each.org.uk/treehouse) to download the appropriate form or contact Norman Haines on 01473 215333. There is a registration fee payable per walker of £5 or £2.50 for under 18 years. Registration on the day will be £10 per walker and £5 for under 18 years.



## The EACH Waddle



We will also be holding a fun activity walk for children on the same day around the playing field at Amberfield School. This will cater for little ones in pushchairs as well as older children up to about 10 years of age, all of whom can get themselves sponsored to complete a variety of duck themed activities, aimed at different age groups, around the short route.

Registration is as per the main walk i.e £2.50 beforehand and £5 on the day and no fee is payable for adults accompanying children on the Waddle.



**100% of the sponsorship money raised by the Waddle will go to The Treehouse Appeal.**

There will be other activities on the day as well as refreshments, or you could bring a picnic, so please register and come along to raise funds towards the Treehouse Appeal and have a fun day out at the same time.

**We hope you will either Walk or Waddle for the EACH Treehouse Appeal and help provide a new hospice for children with life-threatening conditions in Suffolk and North Essex.**

In conjunction with:



For more information please contact us at:  
EACH Treehouse Appeal Team, Room 23 Epsilon House,  
West Road, Ransomes Europark, Ipswich, IP3 9FJ.

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[www.each.org.uk/treehouse](http://www.each.org.uk/treehouse)